



## **Armadale Masters Swimming Club**

### **Club Calendar May 2024**

<b>DATE</b>	<b>DAY</b>	<b>ACTIVITY / EVENT</b>	<b>Coach Organiser</b>	<b>Venue</b>
2 <sup>nd</sup>	Thursday	Squad Training (7.00pm-8.00pm)	Heather	25m pool
4 <sup>th</sup>	Saturday	<b>Club Championships Round 4</b> 100m, 50m, 25m Followed by morning tea – bring a plate 9.30am-10.30am	Hans	25m pool
7 <sup>th</sup>	Tuesday	Squad Training (7.00pm-8.00pm)	Peter	25m pool
9 <sup>th</sup>	Thursday	Squad Training (7.00pm-8.00pm)	Peter	25m pool
11 <sup>th</sup>	Saturday	Squad Training (9.30am-10.30am)	Fettes	25m pool
14 <sup>th</sup>	Tuesday	Squad Training (7.00pm-8.00pm)	Charles	25m pool
16 <sup>th</sup>	Thursday	<b>Endurance Swims</b> (7.00pm-8.00pm)	Hans	25m pool
18 <sup>th</sup>	Saturday	Squad Training (9.30am-10.30am)	Heather	25m pool
21 <sup>st</sup>	Tuesday	Squad Training (7.00pm-8.00pm)	Rowena	25m pool
23 <sup>rd</sup>	Thursday	Squad Training (7.00pm-8.00pm)	Sarah	25m pool
25 <sup>th</sup>	Saturday	Squad Training (9.30am-10.30am)	Fettes	25m pool
26 <sup>th</sup>	Sunday	<b>Stadium Masters 1500m</b>	Self	HBF Stadium
28 <sup>th</sup>	Tuesday	Squad Training (7.00pm-8.00pm)	Rowena	25m pool
30 <sup>th</sup>	Thursday	Squad Training (7.00pm-8.00pm)	Charles	25m pool