

Armadale Masters Swimming

Individual Records Report for Armadale-L

Armadale Masters Swimming [WAM]

Female 40-44 800 Free

13:24.91 Gillian Caruso at Masters Swimming Australia National Champions **26/04/2011 WAM**

13:17.98 ** Sarah Carr at Armadale Endurance LC March 2023 1/03/2023 WAM

Female 40-44 1500 Free

26:59.55 Gillian Caruso at Armadale Aerobics 2012 **8/01/2012 WAM**

24:53.06 ** Sarah Carr at Armadale Endurance LC March 2023 1/03/2023 WAM

Female 40-44 800 Back

14:31.90 Sarah Carr at Armadale Endurance LC February **1/02/2023 WAM**

14:00.06 ** Sarah Carr at Armadale Endurance LC March 2023 1/03/2023 WAM

Female 40-44 400 Breast

8:40.69 Zita Badger at Armadale Aerobics 2013 **28/11/2013 WAM**

7:42.68 ** Sarah Carr at Armadale Endurance LC March 2023 1/03/2023 WAM

Female 40-44 800 Breast

15:58.55 Sarah Carr at Armadale Endurance LC February **1/02/2023 WAM**

15:37.38 ** Sarah Carr at Armadale Endurance LC March 2023 1/03/2023 WAM

Female 40-44 1500 Breast

40:28.28 Natalie Metcalfe at Armadale Endurance LC March 2020 **4/03/2020 WAM**

29:27.45 ** Sarah Carr at Armadale Endurance LC March 2023 1/03/2023 WAM

Female 40-44 400 Fly

8:30.00 Vacant **1/04/2023 WAM**

8:26.81 ** Sarah Carr at Armadale Endurance LC March 2023 1/03/2023 WAM

Female 40-44 800 Fly

17:30.00 Vacant **1/04/2023 WAM**

17:15.15 ** Sarah Carr at Armadale Endurance LC March 2023 1/03/2023 WAM

Female 40-44 400 IM

7:06.96 Sarah Carr at Armadale Endurance LC February **1/02/2023 WAM**

7:06.81 ** Sarah Carr at Armadale Endurance LC March 2023 1/03/2023 WAM

Armadale Masters Swimming
Individual Records Report for Armadale-L

Armadale Masters Swimming [WAM]

Female 40-44 800 IM

**19:51.45 Megan Webster at Armadale Endurance EMERALDS
December 2022**

5/12/2022 WAM

14:28.38 ** Sarah Carr at Armadale Enduran
ce LC March 2023

1/03/2023 WAM

**Indicates Best Record for Each Event