

## Armadale Masters Swimming

### Individual Records Report for Armadale-L

#### Armadale Masters Swimming [WAM]

##### Female 40-44 50 Free

<b>35.75</b>	<b>Megan Webster at 2023 ABCC Fremantle Club Carnival</b>	<b>26/03/2023</b>	<b>WAM</b>
31.51 **	Sarah Carr at Armadale Club Championships 3 2023	1/04/2023	WAM

##### Female 40-44 200 Back

<b>3:14.37</b>	<b>Gillian Caruso at State Championships 2009</b>	<b>16/05/2009</b>	<b>WAM</b>
2:59.45 **	Sarah Carr at Armadale Club Championships 3 2023	1/04/2023	WAM

##### Female 40-44 400 Back

<b>7:17.60</b>	<b>Gillian Caruso at Armadale Aerobics 2012</b>	<b>15/11/2012</b>	<b>WAM</b>
7:13.53 **	Sarah Carr at Armadale Endurance LC March 2023	1/03/2023	WAM

##### Male 70-74 50 Free

<b>37.56</b>	<b>Fettes Falconer at MSA National Championships</b>	<b>18/04/2018</b>	<b>WAM</b>
35.56 **	Graham Hicks at Armadale Club Championships 3 2023	1/04/2023	WAM

##### Male 70-74 200 Back

<b>4:24.54</b>	<b>Graham Hicks at Armadale Club Championships 9 2022</b>	<b>1/10/2022</b>	<b>WAM</b>
4:20.37 **	Graham Hicks at Armadale Club Championships 3 2023	1/04/2023	WAM

##### Male 75-79 50 Free

<b>48.09</b>	<b>Stanley Brandwood at Newman Churchlands Interclub 2013</b>	<b>3/02/2013</b>	<b>WAM</b>
43.12 **	Fettes Falconer at Armadale Club Championships 3 2023	1/04/2023	WAM