

## Armadale Masters Swimming

### Individual Records Report for Armadale-L

#### Armadale Masters Swimming [WAM]

##### Female 40-44 50 Free

<b>37.09</b>	<b>Gillian Caruso at Newman Churchlands BACC 2011</b>	<b>20/02/2011</b>	<b>WAM</b>
36.96 **	Megan Webster at Armadale Club Championships 1 2023	4/02/2023	WAM

##### Female 60-64 50 Free

<b>45.65</b>	<b>Pauline Southall at 2015 WOP LiveLighter 50s Twilight Met</b>	<b>6/03/2015</b>	<b>WAM</b>
44.28 **	Michelle Byers at Armadale Club Championships 1 2023	4/02/2023	WAM

##### Female 75-79 200 Free

<b>5:37.02</b>	<b>Maria Plant at Club Championships 3 2019</b>	<b>6/04/2019</b>	<b>WAM</b>
4:38.32 **	Elizabeth Dunn at Armadale Club Championships 1 2023	4/02/2023	WAM