

# Armadale Masters Swimming Club

## Club Calendar FEBRUARY 2023



DATE	DAY	ACTIVITY / EVENT	Coach/ Organiser	Venue/ pool
2 <sup>nd</sup>	Thursday	Squad Training (6.30pm-7.30pm)	Peter	50m pool
4 <sup>th</sup>	Saturday	Club Championships 8.00am warm up 8.30am start 200m and 50m choice Bring a plate morning tea	Rowena	50m pool
7 <sup>th</sup>	Tuesday	Squad Training (6.30pm-7.30pm)	Peter	50m pool
9 <sup>th</sup>	Thursday	Squad Training (6.30pm-7.30pm)	Nicole	50m pool
11 <sup>th</sup>	Saturday	Squad Training (8.30am-9.30am)	Fettes	50m pool
12 <sup>th</sup>	Sunday	Coogee Beach Training Swim (7.45am for 8.00am start)	Colin	Coogee Beach (Café End)
14 <sup>th</sup>	Tuesday	Squad Training (6.30pm-7.30pm)	Charles	50m pool
16 <sup>th</sup>	Thursday	Squad Training (6.30pm-7.30pm) Endurance Swims	Colin/Hans	50m pool
18 <sup>th</sup>	Saturday	Squad Training (8.30am-9.30am)	Colin	50m pool
19 <sup>th</sup>	Sunday	Newman Churchlands Act Belong Commit Carnival	Rowena	Newman College Pool
21 <sup>st</sup>	Tuesday	Squad Training (6.30pm-7.30pm)	Heather	50m pool
23 <sup>rd</sup>	Thursday	Squad Training (6.30pm-7.30pm)	Nicole	50m pool
25 <sup>th</sup>	Saturday	No Training – Virtual Rottneest Swim		50m pool
28 <sup>th</sup>	Tuesday	Squad Training (6.30pm-7.30pm)	Fettes	50m pool



**act belong commit**  
Mentally Healthy WA