

**Armadale Masters Swimming**

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**Individual Records Report for Armadale-L****Armadale Masters Swimming [WAM]**

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**Female 55-59 400 Fly**

11:03.99	<b>Adele Chapman at Armadale Endurance EMERALDS LC September 2021</b>	1/09/2021	<b>WAM</b>
10:48.08 **	Adele Chapman at Armadale Endurance EMERALDS November 2022	2/11/2022	WAM

**Male 35-39 400 IM**

9:10.31	<b>Luke Ormerod at Armadale Endurance EMERALDS October 2022</b>	3/10/2022	<b>WAM</b>
7:19.50 **	Shaun Williams at Armadale Endurance EMERALDS November 2022	2/11/2022	WAM