

## Armadale Masters Swimming Club Club Calendar DECEMBER 2022



DATE	DAY	ACTIVITY / EVENT	Coach/ Organiser	Venue/ pool
1 <sup>st</sup>	Thursday	Squad Training (6.30pm-7.30pm)	Heather	50m pool
3 <sup>rd</sup>	Saturday	Squad Training (9.00am-10.0am)	Colin	50m pool
5 <sup>th</sup>	Monday	Squad Training (5.30am-7.00am)	Jeff	50m pool
6 <sup>th</sup>	Tuesday	Squad Training (6.30pm-7.30pm)	Derek	50m pool
7 <sup>th</sup>	Wednesday	Squad Training (5.30am-7.00am)	Jeff	50m pool
8 <sup>th</sup>	Thursday	Squad Training (6.30pm-7.30pm)	Derek	50m pool
10 <sup>th</sup>	Saturday	Squad Training (9.00am-10.0am)	Jeff	50m pool
10 <sup>th</sup>	Saturday	WOW Swim #2 Freo Ports Swim Thru	Self	South Beach, Fremantle
10 <sup>th</sup>	Saturday	Christmas Presentation Dinner	Heather Croft	Roleystone Country Club
12 <sup>th</sup>	Monday	Squad Training (5.30am-7.00am)	Jeff	50m pool
13 <sup>th</sup>	Tuesday	Squad Training (6.30pm-7.30pm)	Charles	50m pool
14 <sup>th</sup>	Wednesday	Squad Training (5.30am-7.00am)	Jeff	50m pool
15 <sup>th</sup>	Thursday	Squad Training (6.30pm-7.30pm)	Colin	50m pool
17 <sup>th</sup>	Saturday	Squad Training (9.00am-10.00am)	Fettes	50m pool
17 <sup>th</sup>	Saturday	WOW Swim #3 Christmas 10k Swim	Self	Coogee Beach
19 <sup>th</sup>	Monday	Squad Training (5.30am-7.00am)	Jeff	50m pool
20 <sup>th</sup>	Tuesday	Squad Training (6.30pm-7.30pm)	Peter	50m pool
21 <sup>st</sup>	Wednesday	Squad Training (5.30am-7.00am)	Jeff	50m pool
22 <sup>nd</sup>	Thursday	Squad Training (6.30pm-7.30pm)	Peter	50m pool
24 <sup>th</sup>	Saturday	Squad Training (9.00am-10.00am)	Fettes	50m pool
26 <sup>th</sup>	Monday	No Training		
27 <sup>th</sup>	Tuesday	No Training		
28 <sup>th</sup>	Wednesday	Squad Training (5.30am-7.00am)	Jeff	50m pool
29 <sup>th</sup>	Thursday	Squad Training (6.30pm-7.30pm)	Colin	50m pool
31 <sup>st</sup>	Saturday	Squad Training (9.00am-10.00am)	Colin	50m pool