

Armadale Masters Swimming

Individual Records Report for Armadale-L

Armadale Masters Swimming [WAM]

Male 50-54 400 Free

6:19.53	Gregory Frey at Armadale Aerobics 2012	20/12/2012	WAM
5:45.12 **	Gerard van den Berg at Armadale Endurance EMERALDS LC January 2022	5/01/2022	WAM

Male 50-54 800 Free

13:10.92	Gregory Frey at Armadale Aerobics 2012	20/12/2012	WAM
12:11.67 **	Gerard van den Berg at Armadale Endurance EMERALDS LC January 2022	5/01/2022	WAM

Male 50-54 1500 Free

25:07.73	Gregory Frey at Armadale Aerobics 2011	8/11/2011	WAM
22:47.92 **	Gerard van den Berg at Armadale Endurance EMERALDS LC January 2022	5/01/2022	WAM

Male 50-54 800 Breast

18:16.02	Chris Millard at Armadale Aerobics 2014	6/03/2014	WAM
18:14.95 **	Gerard van den Berg at Armadale Endurance EMERALDS LC January 2022	5/01/2022	WAM