

Armadale Masters Swimming

Individual Records Report for Armadale-L

Armadale Masters Swimming [WAM]

Female 30-34 400 IM

6:45.41	Rowena Burch at World Masters Games 2017	21/04/2017	WAM
6:35.99 **	Alexandra Holt at Armadale Endurance LC September	1/09/2021	WAM

Female 35-39 400 Breast

7:33.43	Sarah Carr at Armadale Endurance LC EMERALDS July 2021	1/07/2021	WAM
7:14.07 **	Sarah Carr at Armadale Endurance LC September	1/09/2021	WAM

Female 35-39 800 Breast

15:36.47	Sarah Carr at Armadale Endurance LC August 2021	1/08/2021	WAM
15:28.91 **	Sarah Carr at Armadale Endurance LC September	1/09/2021	WAM

Female 35-39 400 Fly

8:01.99	Sarah Carr at Armadale Endurance LC August 2021	1/08/2021	WAM
7:37.98 **	Sarah Carr at Armadale Endurance LC September	1/09/2021	WAM

Female 35-39 800 Fly

19:15.30	Sarah Carr at Armadale Endurance EMERALDS LC August 2021	1/08/2021	WAM
15:38.38 **	Sarah Carr at Armadale Endurance LC September	1/09/2021	WAM

Female 35-39 400 IM

6:58.10	Sarah Carr at Armadale Endurance LC February 2021	1/02/2021	WAM
6:44.13 **	Sarah Carr at Armadale Endurance LC September	1/09/2021	WAM

Female 35-39 800 IM

14:26.20	Sarah Carr at Armadale Endurance LC August 2021	1/08/2021	WAM
14:07.20 **	Sarah Carr at Armadale Endurance LC September	1/09/2021	WAM

Female 50-54 1500 Free

27:18.23	Gillian Caruso at Armadale Endurance LC 2020	31/08/2020	WAM
27:02.73 **	Gillian Caruso at Armadale Endurance LC September	1/09/2021	WAM