

Armadale Masters Swimming

Individual Records Report for Armadale-L

Armadale Masters Swimming [WAM]

Female 30-34 400 Free

5:50.76	Alexandra Holt at Armadale Endurance LC 2019	17/10/2019	WAM
5:48.81 **	Alexandra Holt at Armadale Endurance LC 2020	5/02/2020	WAM

Female 30-34 400 Back

7:03.93	Rowena Burch at Armadale Aerobics 2015	24/03/2015	WAM
6:35.96 **	Alexandra Holt at Armadale Endurance LC 2020	5/02/2020	WAM

Male 40-44 400 Free

7:03.59	Daniel Douglas at Armadale Endurance LC 2020	16/01/2020	WAM
6:41.08 **	Daniel Douglas at Armadale Endurance LC 2020	5/02/2020	WAM