

Armadale Masters Swimming**Individual Meet Results****Armadale Endurance LC 2020 06-Jan-20 [Ageup: 30/12/2020] LC Meters****Location: AFAC****Armadale Masters Swimming [WAM]**

Time	F/P/S	Event	Place	Points	Improv
Holt, Alexandra (33) F					
6:01.52L	F # 1	Mixed 30-34 400 Free	---	5	10.76
Metcalfe, Natalie (43) F					
9:38.54L	F # 1	Mixed 40-44 400 Free	---	2	7.71