

Armadale Masters Swimming

Individual Records Report for Armadale-L

Armadale Masters Swimming [WAM]

Female 35-39 200 Fly

5:00.00	Vacant	1/04/2019	WAM
4:35.39 **	Rowena Burch at Club Champions hips 3 2019	6/04/2019	WAM

Female 50-54 50 Free

43.41	Linda Cragg at Maida Vale - Belmont BACC 2010	22/08/2010	WAM
38.26 **	Gillian Caruso at Club Champio nships 3 2019	6/04/2019	WAM

Female 50-54 200 Free

3:21.51	Heather Adams at XII FINA WORLD MASTERS 2008	17/04/2008	WAM
3:09.59 **	Gillian Caruso at Club Champio nships 3 2019	6/04/2019	WAM

Female 75-79 200 Free

6:00.00	Vacant	1/04/2019	WAM
5:37.02 **	Maria Plant at Club Championsh ips 3 2019	6/04/2019	WAM