

## Armadale Masters Swimming

### Individual Records Report for Armadale-S

#### Armadale Masters Swimming [WAM]

##### Female 25-29 200 Free

2:56.18	Louisa Cockram at Armadale Club Championships 9 2014	4/10/2014	WAM
2:52.34 **	Nichola Jones at Armadale Club Championships 1 2019	2/02/2019	WAM

##### Female 35-39 200 IM

4:00.00	Vacant	1/02/2019	WAM
3:47.65 **	Rowena Burch at Armadale Club Championships 1 2019	2/02/2019	WAM

##### Female 60-64 50 Breast

56.53	Heather Croft at Swan Hills LiveLighter Club Challenge	3/07/2016	WAM
55.71 **	Linda Cragg at Armadale Club Championships 1 2019	2/02/2019	WAM