

Armadale Masters Swimming

Individual Records Report for Armadale-S**Armadale Masters Swimming [WAM]**

Female 35-39 400 IM

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|----------------|---|------------------|------------|
| 8:46.81 | Vanessa Toop at Armadale Aerobics 2015 | 8/10/2015 | WAM |
| 8:22.00 ** | Rowena Burch at Armadale Endurance 2019 | 7/02/2019 | WAM |

Female 70-74 800 Free

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|-----------------|--|-------------------|------------|
| 19:47.01 | Maria Plant at Armadale Aerobics 2013 | 28/05/2013 | WAM |
| 17:02.62 ** | Elizabeth Dunn at Armadale Endurance 2019 | 7/02/2019 | WAM |