

Armadale Masters Swimming

Individual Records Report for Armadale-S**Armadale Masters Swimming [WAM]**

Female 50-54 400 Free

7:19.46	Heather Adams at Armadale Aerobics 2008	10/05/2008	WAM
6:47.97 **	Gillian Caruso at Armadale End urance 2018	11/10/2018	WAM