Armadale Masters Swimming

Individual Records Report for Armadale-L

Armadale Masters Swimming [WAM] Coach: Heather Croft

Female 45-49 80	15-49 800 Free				
13:58.60		Gillian Caruso at Armadale Aerobics 2015	24/02/2015	WAM	
13:46.68	**	Gillian Caruso at Armadale End urance 1000	21/02/2017	WAM	
Male 50-54 400 l	Back	<u> </u>			
12:00.00		Vacant	1/02/2017	WAM	
11:29.49	**	Colin Gibson at Armadale Endur ance 1000	21/02/2017	WAM	

^{**}Indicates Best Record for Each Event