

**Armadale Masters Swimming**

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**Individual Records Report for Armadale-L**

Armadale Masters Swimming [WAM] Coach: Heather Croft

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**Female 75-79 400 Free**

<b>14:00.00</b>	<b>Vacant</b>	<b>1/12/2016</b>	<b>WAM</b>
13:43.54 **	Yvonne Lovegrove at Armadale Endurance 2016	8/12/2016	WAM

**Female 75-79 800 Free**

<b>26:54.79</b>	<b>Yvonne Lovegrove at Armadale Endurance 2016</b>	<b>10/11/2016</b>	<b>WAM</b>
26:21.84 **	Yvonne Lovegrove at Armadale Endurance 2016	8/12/2016	WAM