

Armadale Masters Swimming

Individual Records Report for Armadale-L

Armadale Masters Swimming [WAM] Coach: Heather Croft

Female 30-34 400 Free

6:08.53	Rowena Burch at Armadale Aerobics 2015	12/11/2015	WAM
6:07.45 **	Rowena Burch at MSWA Pre-nationals Trial Meet 2016	8/04/2016	WAM

Female 30-34 100 Fly

1:28.78	Rowena Burch at Armadale Club Championships 2 2016	5/03/2016	WAM
1:28.71 **	Rowena Burch at MSWA Pre-nationals Trial Meet 2016	8/04/2016	WAM