

## Armadale Masters Swimming

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### Individual Meet Results

Armadale Aerobics 2016 07-Jan-16 [Ageup: 31/12/2016] LC Meters

Location: Armadale Aquatic Centre

Armadale Masters Swimming [WAM] Coach: Heather Croft

Time	F/P/S	Event	Place	Points	Improv
<b>Briggs, Jacqueline (25) F</b>					
11:42.33L	F # 2	Mixed 25-29 400 Breast	---	2	---
16:26.21L	F # 3	Mixed 25-29 800 Free	---	6	71.47
<b>Doherty, Ross (59) M</b>					
7:47.09L	F # 1	Mixed 55-59 400 Free	---	3	14.74
16:05.93L	F # 3	Mixed 55-59 800 Free	---	6	54.17
<b>Plant, Maria (73) F</b>					
11:56.57L	F # 1	Mixed 70-74 400 Free	---	3	131.44
12:32.50L	F # 2	Mixed 70-74 400 Breast	---	5	89.17
<b>Sanders, Jeffrey (60) M</b>					
8:09.00L	F # 1	Mixed 60-64 400 Free	---	3	16.12
16:58.71L	F # 3	Mixed 60-64 800 Free	---	6	37.47