

## Armadale Masters Swimming

### Individual Records Report for Armadale-L

Armadale Masters Swimming [WAM] Coach: Heather Croft

#### Female 30-34 800 Free

<b>12:19.00</b>	<b>Rowena Burch at Armadale Aerobics 2015</b>	<b>24/03/2015</b>	<b>WAM</b>
12:05.61 **	Rowena Burch at Armadale Aerobics 2015	10/12/2015	WAM

#### Female 30-34 800 Breast

<b>16:00.00</b>	<b>Vacant</b>	<b>1/11/2015</b>	<b>WAM</b>
15:28.02 **	Rowena Burch at Armadale Aerobics 2015	15/11/2015	WAM

#### Female 30-34 800 IM

<b>14:00.00</b>	<b>Vacant</b>	<b>1/12/2015</b>	<b>WAM</b>
13:39.37 **	Rowena Burch at Armadale Aerobics 2015	10/12/2015	WAM

#### Male 30-34 400 Free

<b>7:00.00</b>	<b>Vacant</b>	<b>1/12/2015</b>	<b>WAM</b>
6:40.20 **	David Kennedy at Armadale Aerobics 2015	10/12/2015	WAM

#### Male 30-34 800 Free

<b>15:00.00</b>	<b>Vacant</b>	<b>1/12/2015</b>	<b>WAM</b>
14:01.08 **	David Kennedy at Armadale Aerobics 2015	10/12/2015	WAM