

Armadale Masters Swimming

Individual Meet Results

Armadale Aerobics 2015 12-Nov-15 [Ageup: 31/12/2015] LC Meters

Location: Armadale Aquatic Cgdeentre

Armadale Masters Swimming [WAM] Coach: Heather Croft

Time	F/P/S	Event	Place	Points	Improv
Burch, Rowena (31) F					
6:08.53L	F # 1	Mixed 30-34 400 Free	---	5	-1.32
7:17.90L	F # 2	Mixed 30-34 400 Back	---	5	13.97
7:07.07L	F # 4	Mixed 30-34 400 Fly	---	5	7.86
6:52.77L	F # 5	Mixed 30-34 400 IM	---	5	-11.05
Caruso, Gillian (47) F					
9:02.86L	F # 3	Mixed 45-49 400 Breast	---	5	-0.31
29:48.19L	F # 7	Mixed 45-49 1700 Free	---	40	---
Sanders, Jeffrey (59) M					
44:36.44L	F # 8	Mixed 55-59 1700 Breast	---	50	---
Toop, Vanessa (37) F					
8:50.90L	F # 2	Mixed 35-39 400 Back	---	---	-0.81
19:10.37L	F # 6	Mixed 35-39 800 Breast	---	6	---