

## Armadale Masters Swimming

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### Individual Meet Results

Armadale Aerobics 2015 03-Nov-15 [Ageup: 31/12/2015] LC Meters

Location: Armadale Aquatic Centre

Armadale Masters Swimming [WAM] Coach: Heather Croft

Time	F/P/S	Event	Place	Points	Improv
<b>Caruso, Gillian (47) F</b>					
7:21.20L	F # 2	Mixed 45-49 400 Back	---	5	9.31
18:07.77L	F # 5	Mixed 45-49 800 Breast	---	10	-10.18
<b>Cragg, Graham (61) M</b>					
6:44.80L	F # 1	Mixed 60-64 400 Free	---	5	36.85
15:08.76L	F # 5	Mixed 60-64 800 Breast	---	10	91.43
<b>Doherty, Ross (58) M</b>					
19:52.22L	F # 4	Mixed 55-59 800 Back	---	---	-13.32
<b>Gibson, Colin (48) M</b>					
7:55.17L	F # 1	Mixed 45-49 400 Free	---	3	22.49
15:57.93L	F # 3	Mixed 45-49 800 Free	---	6	41.57
<b>Hicks, Graham (63) M</b>					
30:00.00L	F # 7	Mixed 60-64 1625 Free	---	40	---
<b>Sanders, Jeffrey (59) M</b>					
24:20.21L	F # 4	Mixed 55-59 800 Back	---	4	227.82
<b>Stevens, William (59) M</b>					
17:27.79L	F # 3	Mixed 55-59 800 Free	---	6	51.43
<b>Toop, Vanessa (37) F</b>					
28:25.84L	F # 6	Mixed 35-39 1500 Free	---	30	---