

**Armadale Masters Swimming**

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**Individual Records Report for Armadale-L**

Armadale Masters Swimming [WAM] Coach: Heather Croft

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**Female 30-34 200 Fly**

<b>3:30.00</b>	<b>Vacant</b>	<b>1/10/2015</b>	<b>WAM</b>
3:15.70 **	Rowena Burch at 2015 MSNT Long Course Championships	3/10/2015	WAM