

## Armadale Masters Swimming

### Individual Records Report for Armadale-S

Armadale Masters Swimming [WAM] Coach: Heather Croft

#### Female 35-39 400 IM

<b>9:05.33</b>	<b>Vanessa Toop at Armadale Aerobics 2015</b>	<b>10/09/2015</b>	<b>WAM</b>
8:46.81 **	Vanessa Toop at Armadale Aerobics 2015	8/10/2015	WAM

#### Male 55-59 400 IM

<b>9:20.76</b>	<b>Jeffrey Sanders at Armadale Aerobics 2015</b>	<b>10/09/2015</b>	<b>WAM</b>
9:08.15 **	Jeffrey Sanders at Armadale Aerobics 2015	8/10/2015	WAM

#### Male 60-64 1500 Free

<b>25:46.81</b>	<b>Graham Hicks at Armadale Aerobics 2014</b>	<b>26/08/2014</b>	<b>WAM</b>
24:59.34 **	Graham Cragg at Armadale Aerobics 2015	8/10/2015	WAM