

## Armadale Masters Swimming

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### Individual Records Report for Armadale-S

Armadale Masters Swimming [WAM] Coach: Heather Croft

#### Female 30-34 800 Fly

<b>14:08.82</b>	<b>Rowena Burch at Armadale Aerobics 2015</b>	<b>26/05/2015</b>	<b>WAM</b>
13:58.64 **	Rowena Burch at Armadale Aerobics 2015	10/09/2015	WAM

#### Female 35-39 400 IM

<b>9:30.00</b>	<b>Vacant</b>	<b>1/09/2015</b>	<b>WAM</b>
9:05.33 **	Vanessa Toop at Armadale Aerobics 2015	10/09/2015	WAM

#### Male 55-59 400 IM

<b>9:48.64</b>	<b>Jeffrey Sanders at Armadale Aerobics 2015</b>	<b>25/08/2015</b>	<b>WAM</b>
9:20.76 **	Jeffrey Sanders at Armadale Aerobics 2015	10/09/2015	WAM

#### Male 60-64 800 Breast

<b>14:39.69</b>	<b>Graham Cragg at Armadale Aerobics 2015</b>	<b>26/05/2015</b>	<b>WAM</b>
14:32.99 **	Graham Cragg at Armadale Aerobics 2015	10/09/2015	WAM