

Armadale Masters Swimming**Individual Meet Results - Personal Bests Only****Armadale Aerobics 2015 14-May-15 [Ageup: 31/12/2015] SC Meters****Location: Cannington LeisurePlex****Armadale Masters Swimming [WAM] Coach: Heather Croft**

Time	F/P/S	Event	Place	Points	Improv
Sanders, Jeffrey (59) M					
7:18.85S	F # 1	Mixed 55-59 400 Free	---	3	-9.87
9:44.64S	F # 3	Mixed 55-59 400 Breast	---	3	-7.79
Toop, Vanessa (37) F					
8:47.48S	F # 2	Mixed 35-39 400 Back	---	3	-17.74
18:30.37S	F # 6	Mixed 35-39 800 Breast	---	10	-1.84