

## Armadale Masters Swimming

### Individual Records Report for Armadale-S

Armadale Masters Swimming [WAM] Coach: Heather Croft

#### Female 35-39 800 Free

<b>16:30.00</b>	<b>Vacant</b>	<b>1/04/2015</b>	<b>WAM</b>
16:12.93 **	Vanessa Toop at Armadale Aerobics 2015	14/04/2015	WAM

#### Female 35-39 400 Back

<b>9:30.00</b>	<b>Vacant</b>	<b>1/04/2015</b>	<b>WAM</b>
9:05.22 **	Vanessa Toop at Armadale Aerobics 2015	14/04/2015	WAM

#### Female 70-74 400 Breast

<b>10:59.69</b>	<b>Maria Plant at Armadale Aerobics 2013</b>	<b>30/07/2013</b>	<b>WAM</b>
10:56.13 **	Maria Plant at Armadale Aerobics 2015	14/04/2015	WAM