

Armadale Masters Swimming

Individual Meet Results - Personal Bests Only**Armadale Aerobics 2015 20-Jan-15 [Ageup: 31/12/2015] LC Meters****Location: Armadale Aquatic Centre****Armadale Masters Swimming [WAM] Coach: Heather Croft**

Time	F/P/S	Name	Age	Place	Points	Impr
Event # 1 Mixed 400 Free 40-44						
9:25.89L	F	Bamford, Graham	41	---	2	-22.85
Event # 5 Mixed 800 Free 40-44						
19:16.91L	F	Bamford, Graham	41	---	4	-27.55