

Armadale Masters Swimming

Individual Meet Results

Armadale Aerobics 2015 08-Jan-15 [Ageup: 31/12/2015] LC Meters

Location: Armadale Aquatic Centre

Armadale Masters Swimming [WAM] Coach: Heather Croft

Time	F/P/S	Event	Place	Points	Improv
Caruso, Gillian (47) F					
7:43.18L	F # 2	Mixed 45-49 400 Back	---	5	31.29
14:23.69L	F # 4	Mixed 45-49 800 Free	---	10	58.78
Cockram, Louisa (27) F					
6:49.34L	F # 1	Mixed 25-29 400 Free	---	3	---
8:44.30L	F # 3	Mixed 25-29 400 Breast	---	3	---
Cragg, Graham (61) M					
13:45.22L	F # 4	Mixed 60-64 800 Free	---	10	40.21
Croft, Heather (63) F					
17:43.98L	F # 4	Mixed 60-64 800 Free	---	10	41.48
Dunn, Liz (67) F					
8:48.00L	F # 1	Mixed 65-69 400 Free	---	3	26.07
Pearson, Pamela (65) F					
10:35.48L	F # 3	Mixed 65-69 400 Breast	---	5	---
Plant, Maria (72) F					
10:30.28L	F # 1	Mixed 70-74 400 Free	---	3	45.15
12:14.41L	F # 3	Mixed 70-74 400 Breast	---	5	71.08
Sanders, Jeffrey (59) M					
17:23.17L	F # 4	Mixed 55-59 800 Free	---	6	60.03