

Armadale Masters Swimming**Individual Meet Results - Personal Bests Only**

Armadale Aerobics 2014 23-Sep-14 [Ageup: 31/12/2014] SC Meters

Location: Cannington Leisureplex

Armadale Masters Swimming [WAM] Coach: Heather Croft

Time	F/P/S	Event	Place	Points	Improv
Bamford, Graham (40) M					
9:29.99S	F # 1	Mixed 40-44 400 Free	---	2	-29.52
19:42.65S	F # 4	Mixed 40-44 800 Free	---	4	-100.30
Bishop, Derek (51) M					
7:02.86S	F # 1	Mixed 50-54 400 Free	---	3	-10.44
Caruso, Gillian (46) F					
17:37.99S	F # 6	Mixed 45-49 800 Breast	---	10	-4.62