

## Armadale Masters Swimming

### Individual Records Report for Armadale-L

#### Armadale Masters Swimming [WAM]

##### Female 35-39 400 Free

<b>10:07.15</b>	<b>Michelle Hollamby at Armadale Virtual Aerobics 2011</b>	<b>26/02/2011</b>	<b>WAM</b>
8:26.43 **	Claire Robertson at Armadale Aerobics 2014	6/02/2014	WAM

##### Female 70-74 400 Free

<b>9:56.25</b>	<b>Maria Plant at Armadale Aerobics 2013</b>	<b>26/03/2013</b>	<b>WAM</b>
9:45.13 **	Maria Plant at Armadale Aerobics 2014	6/02/2014	WAM

##### Female 70-74 400 Breast

<b>11:41.06</b>	<b>Maria Plant at Armadale Aerobics 2013</b>	<b>10/01/2013</b>	<b>WAM</b>
11:03.33 **	Maria Plant at Armadale Aerobics 2014	6/02/2014	WAM

##### Male 18-24 800 Breast

<b>17:30.00</b>	<b>Vacant</b>	<b>1/02/2014</b>	<b>WAM</b>
17:09.70 **	Xavier Hardy at Armadale Aerobics 2014	6/02/2014	WAM

##### Male 25-29 400 Free

<b>15:21.82</b>	<b>Raphael Dajon at Armadale Aerobics 2013</b>	<b>12/12/2013</b>	<b>WAM</b>
10:55.42 **	Raphael Dajon at Armadale Aerobics 2014	6/02/2014	WAM

##### Male 25-29 400 Breast

<b>10:00.00</b>	<b>Vacant</b>	<b>1/02/2014</b>	<b>WAM</b>
9:29.44 **	Raphael Dajon at Armadale Aerobics 2014	6/02/2014	WAM

##### Male 45-49 400 Back

<b>10:54.80</b>	<b>Colin Gibson at Armadale Aerobics 2013</b>	<b>28/11/2013</b>	<b>WAM</b>
10:34.45 **	Colin Gibson at Armadale Aerobics 2014	6/02/2014	WAM