

Armadale Masters Swimming**Individual Meet Results - Personal Bests Only**

Armadale Aerobics 2014 28-Jan-14 [Ageup: 31/12/2014] LC Meters

Location: Armadale Aquatic Centre

Armadale Masters Swimming [WAM]

Time	F/P/S	Event	Place	Points	Improv
Caruso, Gillian (46) F 9:03.17L	F # 3	Mixed 45-49 400 Breast	---	5	-2.10
Croft, Heather (62) F 8:20.18L	F # 1	Mixed 60-64 400 Free	---	3	-9.57
Gibson, Colin (47) M 7:32.68L	F # 1	Mixed 45-49 400 Free	---	3	-1.14
Millard, Chris (53) M 7:57.13L	F # 1	Mixed 50-54 400 Free	---	3	-22.26
Sanders, Jeffrey (58) M 10:38.56L	F # 3	Mixed 55-59 400 Breast	---	3	-32.75