Armadale Masters Swimming

Individual Records Report for Armadale-L

Armadale Masters Swimming [WAM]

Female 45-49 400 Breast				
10:14.51	Kimberley Flatt at Armadale Virtual Aerobics 2011	26/02/2011	WAM	
9:23.57 **	Gillian Caruso at Armadale Aer	7/11/2013	WAM	
	obics 2013			

^{**}Indicates Best Record for Each Event