



Armadale Masters Swimming Club



2013 Stadium Snappers LiveLighter Club Challenge

Hi Swimmers,

Our team was reduced to 8 with two withdrawals but we still achieved a very commendable sixth place with 66 points. All teams that finished above us had more swimmers and three had double our numbers. Thank you to Heather Adams and Alan Plant for helping out with the time keeping and all our team members who pushed the button as well.

All team members achieved at least one swim resulting in a top three finish and five team members achieved first places. In total there were 9 personal bests and 7 Club Records set. Everyone had a good swim meet; only Ross Doherty was having a few problems with his backstroke. At one end he turned over to find his nose on the timing board, just a tad too close to perform his remarkable backstroke tumble turn. Ross's finish in the backstroke was also interesting, he again misjudged the distance to the end and when his arm came over it hit the top frame of the timing board. Ross looks up to marvel at his backstroke time on the electronic scoreboard to see the clock was still running. A little bit of quick thinking and the back of his head soon stopped the clock.....

Catriona: Scratched from the 200m backstroke with a sore shoulder but achieved two first places in her 100m swims with a PB and Club Record in the 100m freestyle.

Gillian: Her back was still causing her some discomfort so she scratched from the 50m fly and concentrated on her favourite stroke. Two first places in the 100m and 200m backstroke, setting a Club Record in the 200m.

Nigel: Stuck with the sprint distance of 50m butterfly, breaststroke and freestyle. PBs in all three and a Club Record in the 50m fly.

Charles: First place and PB in the 100m freestyle. Two second places in 50m and 200m breaststroke.

Ross: For all his troubles with backstroke turns and finishes he achieved two first places in the 200m and 100m with a big PB in the 100m backstroke.

Graham: Three second places plus a PB and Club Record in 200m backstroke.

Heather: First place with a quick swim in the 200m breaststroke setting a PB and Club Record.

Mary: PB and Club Record in the 50m breaststroke and another Club Record in the 100m backstroke.

Graham.