

## Armadale Masters Swimming

### Individual Records Report for Armadale-L

#### Armadale Masters Swimming [WAM]

##### Female 40-44 400 Breast

9:08.04	Heather Jeps at Armadale Aerobics 2012	18/02/2012	WAM
8:50.76 **	Zita Badger at Armadale Aerobics 2012	27/11/2012	WAM

##### Female 65-69 400 Free

10:29.77	Maria Plant at Armadale Aerobics 2011	9/01/2011	WAM
10:21.52 **	Maria Plant at Armadale Aerobics 2012	27/11/2012	WAM

##### Female 70-74 400 Free

11:34.25	Yvonne Lovegrove at Armadale Aerobics 2012	21/04/2012	WAM
11:22.03 **	Yvonne Lovegrove at Armadale Aerobics 2012	27/11/2012	WAM

##### Male 40-44 1500 Free

35:00.00	Vacant	1/10/2012	WAM
34:31.17 **	Paul Evans at Armadale Aerobics 2008	23/03/2008	WAM

##### Male 45-49 1500 Free

33:33.26	Byron Geneve at Armadale Aerobics 2008	13/01/2008	WAM
30:47.60 **	Colin Gibson at Armadale Aerobics 2012	30/10/2012	WAM

##### Male 65-69 800 Free

35:00.00	Vacant	1/11/2012	WAM
15:18.75 **	Fettes Falconer at Armadale Aerobics 2012	27/11/2012	WAM