

## Armadale Masters Swimming

### RECORDS Armadale Masters LC

#### LC Meters-Female

|             |                  |          |                  |                  |   |
|-------------|------------------|----------|------------------|------------------|---|
| 12-15       | 200 Free Relay   | 2:33.42  | <b>31-Jan-10</b> | WAM              | Catriona Adams, Heather Adams, Nicole Badani, Gillian Caruso    |
| 16-19       | 200 Free Relay   | 2:51.30  | <b>12-Feb-12</b> | WAM              | Gillian Caruso, Liz Dunn, Heather Jeps, Jacqueline Briggs       |
|             | 200 Medley Relay | 3:07.78  | <b>5-Apr-09</b>  | WAM              | Nicole Badani, Heather Croft, Gillian Caruso, Pam Badani        |
| 18-24       | 50 Free          | 32.32    | <b>31-Jan-10</b> | WAM              | Catriona Adams at Newman Churchlands BACC 2010                  |
|             | 200 Free         | 2:37.38  | <b>31-Jan-10</b> | WAM              | Catriona Adams at Newman Churchlands BACC 2010                  |
|             | 400 Free         | 7:30.67  | <b>25-Feb-12</b> | WAM              | Jacqueline Briggs at Armadale Virtual Aerobics 2012             |
|             | 800 Free         | 15:14.74 | <b>17-Apr-11</b> | WAM              | Jacqueline Briggs at Armadale Aerobics 2011                     |
|             | 50 Back          | 37.43    | <b>31-Jan-10</b> | WAM              | Catriona Adams at Newman Churchlands BACC 2010                  |
|             | 100 Back         | 1:21.45  | <b>22-Aug-10</b> | WAM              | Catriona Adams at Maida Vale - Belmont BACC 2010                |
|             | 50 Breast        | 57.62    | <b>22-Aug-10</b> | WAM              | Helen Rossi at Maida Vale - Belmont BACC 2010                   |
|             | 50 Fly           | 51.36    | <b>20-Feb-11</b> | WAM              | Jacqueline Briggs at Newman Churchlands BACC 2011               |
| 20-23       | 200 Free Relay   | 3:06.19  | <b>20-Feb-11</b> | WAM              | Liz Dunn, Heather Croft, Linda Cragg, Gillian Caruso            |
|             | 200 Medley Relay | 3:51.80  | <b>1-Apr-12</b>  | WAM              | Gillian Caruso, Lexie Rankin, Heather Jeps, Maria Plant         |
| 30-34       | 50 Free          | 35.56    | <b>31-Jan-10</b> | WAM              | Nicole Badani at Newman Churchlands BACC 2010                   |
|             | 100 Free         | 1:22.14  | <b>9-Oct-10</b>  | WAM              | Nicole Badani at Alice Springs Masters Games 2010               |
|             | 200 Free         | 10:00.00 | <b>14-Apr-12</b> | WAM              | Vacant  |
|             | 400 Free         | 7:07.64  | <b>26-Feb-11</b> | WAM              | Maree Lim at Armadale Virtual Aerobics 2011                     |
|             | 50 Back          | 42.41    | <b>31-Jan-10</b> | WAM              | Nicole Badani at Newman Churchlands BACC 2010                   |
|             | 100 Back         | 1:31.00  | <b>9-Oct-10</b>  | WAM              | Nicole Badani at Alice Springs Masters Games 2010               |
|             | 200 Back         | 3:17.47  | <b>9-Oct-10</b>  | WAM              | Nicole Badani at Alice Springs Masters Games 2010               |
|             | 100 Breast       | 1:46.48  | <b>3-Nov-12</b>  | WAM              | Maree Lim at Armadale Club championships 10 2012                |
|             | 35-39            | 50 Free  | 46.21            | <b>22-Aug-10</b> | WAM   |
| 400 Free    |                  | 10:07.15 | <b>26-Feb-11</b> | WAM              | Michelle Hollamby at Armadale Virtual Aerobics 2011             |
| 1500 Free   |                  | 42:09.24 | <b>17-Feb-08</b> | WAM              | Michelle Hollamby at Armadale Aerobics 2008                     |
| 50 Back     |                  | 59.45    | <b>22-Aug-10</b> | WAM              | Heather Jeps at Maida Vale - Belmont BACC 2010                  |
| 50 Breast   |                  | 53.19    | <b>22-Aug-10</b> | WAM              | Heather Jeps at Maida Vale - Belmont BACC 2010                  |
| 400 Breast  |                  | 9:53.70  | <b>26-Feb-11</b> | WAM              | Michelle Hollamby at Armadale Virtual Aerobics 2011             |
| 800 Breast  |                  | 17:49.45 | <b>11-Apr-09</b> | WAM              | Michelle Hollamby at Armadale Aerobics 2009                     |
| 1500 Breast |                  | 39:25.86 | <b>13-Jan-08</b> | WAM              | Michelle Hollamby at Armadale Aerobics 2008                     |
| 200 IM      |                  | 4:31.17  | <b>2-Apr-11</b>  | WAM              | Michelle Hollamby at Armadale Club Championships 2 2011         |
| 40-44       | 50 Free          | 37.09    | <b>20-Feb-11</b> | WAM              | Gillian Caruso at Newman Churchlands BACC 2011                  |
|             | 100 Free         | 1:30.31  | <b>3-Nov-12</b>  | WAM              | Gillian Caruso at Armadale Club championships 10 2012           |
|             | 200 Free         | 3:05.46  | <b>20-Feb-11</b> | WAM              | Gillian Caruso at Newman Churchlands BACC 2011                  |
|             | 400 Free         | 6:28.02  | <b>26-Apr-11</b> | WAM              | Gillian Caruso at Masters Swimming Australia National Champions |
|             | 800 Free         | 13:24.91 | <b>26-Apr-11</b> | WAM              | Gillian Caruso at Masters Swimming Australia National Champions |
|             | 1500 Free        | 26:59.55 | <b>8-Jan-12</b>  | WAM              | Gillian Caruso at Armadale Aerobics 2012                        |
|             | 50 Back          | 41.14    | <b>5-Apr-09</b>  | WAM              | Gillian Caruso at Melville BACC 2009                            |
|             | 100 Back         | 1:30.43  | <b>16-May-09</b> | WAM              | Gillian Caruso at State Championships 2009                      |
|             | 200 Back         | 3:14.37  | <b>16-May-09</b> | WAM              | Gillian Caruso at State Championships 2009                      |
|             | 400 Back         | 7:17.60  | <b>15-Nov-12</b> | WAM              | Gillian Caruso at Armadale Aerobics 2012                        |
|             | 800 Back         | 14:38.20 | <b>11-Apr-09</b> | WAM              | Gillian Caruso at Armadale Aerobics 2009                        |
|             | 1500 Back        | 28:08.11 | <b>18-Feb-12</b> | WAM              | Gillian Caruso at Armadale Aerobics 2012                        |
|             | 50 Breast        | 50.25    | <b>26-Apr-11</b> | WAM              | Heather Jeps at Masters Swimming Australia National Champions   |
|             | 100 Breast       | 1:55.70  | <b>12-Feb-12</b> | WAM              | Heather Jeps at Newman Churchlands BACC 2012                    |
|             | 200 Breast       | 4:09.95  | <b>11-Feb-12</b> | WAM              | Heather Jeps at Armadale Club Championships 1 2012              |
|             | 400 Breast       | 9:08.04  | <b>18-Feb-12</b> | WAM              | Heather Jeps at Armadale Aerobics 2012                          |
|             | 50 Fly           | 42.58    | <b>11-Sep-11</b> | WAM              | Gillian Caruso at Stadium Snappers BACC 11 Sep 2011             |
|             | 200 IM           | 3:32.81  | <b>16-Nov-08</b> | WAM              | Gillian Caruso at Somerset BACC 2008                            |

## Armadale Masters Swimming

### RECORDS Armadale Masters LC

|             |             |          |                  |                  |  |
|-------------|-------------|----------|------------------|------------------|--|
| 45-49       | 400 Free    | 10:00.00 | <b>26-Feb-11</b> | WAM              | Kimberley Flatt at Armadale Virtual Aerobics 2011      |
|             | 400 Breast  | 10:14.51 | <b>26-Feb-11</b> | WAM              | Kimberley Flatt at Armadale Virtual Aerobics 2011      |
| 50-54       | 50 Free     | 43.41    | <b>22-Aug-10</b> | WAM              | Linda Cragg at Maida Vale - Belmont BACC 2010          |
|             | 100 Free    | 2:09.85  | <b>3-Mar-12</b>  | WAM              | Jannette Edwards at Armadale Club Championships 2 2012 |
|             | 200 Free    | 3:21.51  | <b>17-Apr-08</b> | WAM              | Heather Adams at XII FINA WORLD MASTERS 2008           |
|             | 400 Free    | 6:59.14  | <b>17-Apr-08</b> | WAM              | Heather Adams at XII FINA WORLD MASTERS 2008           |
|             | 800 Free    | 17:53.16 | <b>11-Apr-09</b> | WAM              | Anne O'Mara at Armadale Aerobics 2009                  |
|             | 1500 Free   | 41:52.33 | <b>8-Jan-12</b>  | WAM              | Jannette Edwards at Armadale Aerobics 2012             |
|             | 50 Back     | 1:02.59  | <b>11-Sep-11</b> | WAM              | Katja Cappadona at Stadium Snappers BACC 11 Sep 2011   |
|             | 100 Back    | 5:00.00  | <b>3-Mar-12</b>  | WAM              | Vacant   |
|             | 50 Breast   | 51.41    | <b>17-Apr-08</b> | WAM              | Heather Adams at XII FINA WORLD MASTERS 2008           |
|             | 100 Breast  | 1:55.79  | <b>17-Apr-08</b> | WAM              | Heather Adams at XII FINA WORLD MASTERS 2008           |
|             | 200 Breast  | 4:06.79  | <b>17-Apr-08</b> | WAM              | Heather Adams at XII FINA WORLD MASTERS 2008           |
|             | 400 Breast  | 9:10.71  | <b>4-Nov-10</b>  | WAM              | Linda Cragg at Armadale Aerobics                       |
|             | 800 Breast  | 19:24.97 | <b>11-Apr-09</b> | WAM              | Yvonne Hunt at Armadale Aerobics 2009                  |
|             | 1500 Breast | 37:50.26 | <b>17-Feb-08</b> | WAM              | Yvonne Hunt at Armadale Aerobics 2008                  |
|             | 55-59       | 50 Free  | 42.03            | <b>11-Sep-11</b> | WAM  |
| 100 Free    |             | 1:32.50  | <b>3-Mar-12</b>  | WAM              | Linda Cragg at Armadale Club Championships 2 2012      |
| 200 Free    |             | 3:32.79  | <b>20-Feb-11</b> | WAM              | Heather Adams at Newman Churchlands BACC 2011          |
| 400 Free    |             | 7:43.13  | <b>20-Mar-11</b> | WAM              | Linda Cragg at Armadale Aerobics 2011                  |
| 800 Free    |             | 17:23.95 | <b>17-Apr-11</b> | WAM              | Heather Croft at Armadale Aerobics 2011                |
| 50 Back     |             | 1:04.70  | <b>11-Sep-11</b> | WAM              | Heather Croft at Stadium Snappers BACC 11 Sep 2011     |
| 100 Back    |             | 2:24.90  | <b>3-Nov-12</b>  | WAM              | Yvonne Hunt at Armadale Club championships 10 2012     |
| 200 Back    |             | 5:31.04  | <b>2-Apr-11</b>  | WAM              | Yvonne Hunt at Armadale Club Championships 2 2011      |
| 50 Breast   |             | 53.99    | <b>5-Nov-11</b>  | WAM              | Linda Cragg at Armadale Club championships 9 2011      |
| 100 Breast  |             | 2:00.11  | <b>3-Nov-12</b>  | WAM              | Linda Cragg at Armadale Club championships 10 2012     |
| 200 Breast  |             | 4:10.71  | <b>3-Dec-11</b>  | WAM              | Linda Cragg at Armadale Club Championships 10 2011     |
| 400 Breast  |             | 8:57.16  | <b>24-Nov-11</b> | WAM              | Linda Cragg at Armadale Aerobics 2011                  |
| 800 Breast  |             | 19:40.45 | <b>2-Nov-10</b>  | WAM              | Yvonne Hunt at Armadale Aerobics                       |
| 60-64       | 50 Free     | 49.28    | <b>31-Jan-10</b> | WAM              | Liz Dunn at Newman Churchlands BACC 2010               |
|             | 100 Free    | 1:53.86  | <b>3-Mar-12</b>  | WAM              | Liz Dunn at Armadale Club Championships 2 2012         |
|             | 200 Free    | 3:48.88  | <b>31-Jan-10</b> | WAM              | Liz Dunn at Newman Churchlands BACC 2010               |
|             | 400 Free    | 8:21.93  | <b>15-Nov-09</b> | WAM              | Liz Dunn at Armadale Aerobics 2009                     |
|             | 800 Free    | 16:43.26 | <b>22-Nov-09</b> | WAM              | Liz Dunn at Armadale Aerobics 2009                     |
|             | 1500 Free   | 32:44.20 | <b>19-Dec-10</b> | WAM              | Liz Dunn at Armadale Aerobics 2010                     |
|             | 50 Back     | 1:02.29  | <b>12-Feb-12</b> | WAM              | Heather Croft at Newman Churchlands BACC 2012          |
|             | 50 Breast   | 1:11.66  | <b>5-Mar-11</b>  | WAM              | Liz Dunn at Armadale Club Championships 1 2011         |
|             | 100 Breast  | 2:38.15  | <b>3-Mar-12</b>  | WAM              | Liz Dunn at Armadale Club Championships 2 2012         |
|             | 65-69       | 50 Free  | 43.36            | <b>20-Jul-08</b> | WAM  |
| 100 Free    |             | 1:42.91  | <b>5-Apr-09</b>  | WAM              | Pam Badani at Melville BACC 2009                       |
| 200 Free    |             | 4:44.04  | <b>20-Feb-11</b> | WAM              | Maria Plant at Newman Churchlands BACC 2011            |
| 400 Free    |             | 10:29.77 | <b>9-Jan-11</b>  | WAM              | Maria Plant at Armadale Aerobics 2011                  |
| 1500 Free   |             | 33:15.26 | <b>13-Jan-08</b> | WAM              | Pam Badani at Armadale Aerobics 2008                   |
| 50 Back     |             | 59.15    | <b>20-Jul-08</b> | WAM              | Pam Badani at Maida Vale - Belmont BACC 2008           |
| 50 Breast   |             | 1:08.50  | <b>16-Nov-08</b> | WAM              | Pam Badani at Somerset BACC 2008                       |
| 100 Breast  |             | 2:30.28  | <b>20-Feb-11</b> | WAM              | Maria Plant at Newman Churchlands BACC 2011            |
| 200 Breast  |             | 5:18.42  | <b>2-Apr-11</b>  | WAM              | Maria Plant at Armadale Club Championships 2 2011      |
| 400 Breast  |             | 11:38.65 | <b>25-Feb-12</b> | WAM              | Maria Plant at Armadale Virtual Aerobics 2012          |
| 1500 Breast |             | 45:07.66 | <b>23-Mar-08</b> | WAM              | Pam Badani at Armadale Aerobics 2008                   |
| 70-74       |             | 50 Free  | 1:04.22          | <b>1-Apr-12</b>  | WAM  |

**Armadale Masters Swimming**

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**RECORDS Armadale Masters LC**

|       |            |          |                  |     |  |
|-------|------------|----------|------------------|-----|--|
| 70-74 | 100 Free   | 2:24.85  | <b>5-Apr-09</b>  | WAM | Lexie Rankin at Melville BACC 2009                     |
|       | 200 Free   | 5:30.80  | <b>14-Apr-12</b> | WAM | Lexie Rankin at Armadale Club Championships 3 2012     |
|       | 400 Free   | 11:34.25 | <b>21-Apr-12</b> | WAM | Yvonne Lovegrove at Armadale Aerobics 2012             |
|       | 50 Breast  | 1:13.99  | <b>1-Apr-12</b>  | WAM | Lexie Rankin at Melville BACC 2012                     |
|       | 100 Breast | 2:50.02  | <b>3-Nov-12</b>  | WAM | Lexie Rankin at Armadale Club championships 10 2012    |
|       | 200 Breast | 7:31.48  | <b>2-Apr-11</b>  | WAM | Yvonne Lovegrove at Armadale Club Championships 2 2011 |

## Armadale Masters Swimming

### RECORDS Armadale Masters LC

#### LC Meters-Male

|            |                  |          |                  |                  |  |
|------------|------------------|----------|------------------|------------------|--|
| 20-23      | 200 Free Relay   | 2:17.93  | <b>12-Feb-12</b> | WAM              | Fettes Falconer, Charles Croft, Gregory Frey, Graham Hicks |
|            | 200 Medley Relay | 3:07.74  | <b>16-Nov-08</b> | WAM              | Graham Hicks, Craig Bean, Fettes Falconer, Jeff Sanders    |
| 35-39      | 50 Free          | 30.74    | <b>16-Nov-08</b> | WAM              | Craig Bean at Somerset BACC 2008                           |
|            | 100 Free         | 1:09.28  | <b>5-Apr-09</b>  | WAM              | Craig Bean at Melville BACC 2009                           |
|            | 200 Free         | 2:55.88  | <b>20-Jul-08</b> | WAM              | Craig Bean at Maida Vale - Belmont BACC 2008               |
|            | 50 Back          | 41.97    | <b>5-Apr-09</b>  | WAM              | Craig Bean at Melville BACC 2009                           |
|            | 50 Breast        | 42.53    | <b>5-Apr-09</b>  | WAM              | Craig Bean at Melville BACC 2009                           |
|            | 100 Breast       | 1:35.92  | <b>16-Nov-08</b> | WAM              | Craig Bean at Somerset BACC 2008                           |
| 40-44      | 50 Free          | 34.21    | <b>2-Apr-11</b>  | WAM              | Kelvin Wright at Armadale Club Championships 2 2011        |
|            | 100 Free         | 1:22.68  | <b>3-Mar-12</b>  | WAM              | Kelvin Wright at Armadale Club Championships 2 2012        |
|            | 200 Free         | 3:27.40  | <b>5-Nov-11</b>  | WAM              | Colin Gibson at Armadale Club championships 9 2011         |
|            | 400 Free         | 7:30.07  | <b>25-Feb-12</b> | WAM              | Kelvin Wright at Armadale Virtual Aerobics 2012            |
|            | 800 Free         | 15:38.95 | <b>17-Apr-11</b> | WAM              | Colin Gibson at Armadale Aerobics 2011                     |
|            | 50 Back          | 56.04    | <b>5-Nov-11</b>  | WAM              | Colin Gibson at Armadale Club championships 9 2011         |
|            | 200 Back         | 4:33.05  | <b>2-Apr-11</b>  | WAM              | Colin Gibson at Armadale Club Championships 2 2011         |
|            | 50 Breast        | 55.20    | <b>14-Apr-12</b> | WAM              | Simon Stiles at Armadale Club Championships 3 2012         |
|            | 100 Breast       | 1:49.93  | <b>3-Mar-12</b>  | WAM              | Kelvin Wright at Armadale Club Championships 2 2012        |
|            | 200 Breast       | 3:54.25  | <b>2-Apr-11</b>  | WAM              | Kelvin Wright at Armadale Club Championships 2 2011        |
| 40-45      | 400 Breast       | 8:56.03  | <b>25-Feb-12</b> | WAM              | Kelvin Wright at Armadale Virtual Aerobics 2012            |
|            | 1500 Free        | 30:47.60 | <b>30-Oct-12</b> | WAM              | Colin Gibson at Armadale Aerobics 2012                     |
| 45-49      | 50 Free          | 36.91    | <b>31-Jan-10</b> | WAM              | John Moore at Newman Churchlands BACC 2010                 |
|            | 100 Free         | 1:34.24  | <b>5-Apr-09</b>  | WAM              | Chris Millard at Melville BACC 2009                        |
|            | 200 Free         | 3:25.04  | <b>12-Feb-12</b> | WAM              | Colin Gibson at Newman Churchlands BACC 2012               |
|            | 400 Free         | 7:43.33  | <b>15-Nov-12</b> | WAM              | Colin Gibson at Armadale Aerobics 2012                     |
|            | 800 Free         | 16:01.00 | <b>15-Nov-12</b> | WAM              | Colin Gibson at Armadale Aerobics 2012                     |
|            | 1500 Free        | 33:33.26 | <b>13-Jan-08</b> | WAM              | Byron Geneve at Armadale Aerobics 2008                     |
|            | 50 Back          | 57.41    | <b>12-Feb-12</b> | WAM              | Colin Gibson at Newman Churchlands BACC 2012               |
|            | 200 Back         | 4:43.38  | <b>14-Apr-12</b> | WAM              | Colin Gibson at Armadale Club Championships 3 2012         |
|            | 50 Breast        | 46.91    | <b>5-Apr-09</b>  | WAM              | Chris Millard at Melville BACC 2009                        |
|            | 100 Breast       | 1:48.41  | <b>31-Jan-10</b> | WAM              | Chris Millard at Newman Churchlands BACC 2010              |
|            | 200 Breast       | 4:02.27  | <b>5-Apr-09</b>  | WAM              | Chris Millard at Melville BACC 2009                        |
|            | 400 Breast       | 10:34.22 | <b>18-Feb-12</b> | WAM              | Louw Anderson at Armadale Aerobics 2012                    |
|            | 50-54            | 50 Free  | 32.77            | <b>12-Feb-12</b> | WAM  |
| 100 Free   |                  | 1:16.12  | <b>3-Mar-12</b>  | WAM              | Gregory Frey at Armadale Club Championships 2 2012         |
| 200 Free   |                  | 2:50.28  | <b>5-Mar-11</b>  | WAM              | Gregory Frey at Armadale Club Championships 1 2011         |
| 400 Free   |                  | 6:21.64  | <b>17-Apr-11</b> | WAM              | Gregory Frey at Armadale Aerobics 2011                     |
| 800 Free   |                  | 13:24.66 | <b>17-Apr-11</b> | WAM              | Gregory Frey at Armadale Aerobics 2011                     |
| 1500 Free  |                  | 25:07.73 | <b>8-Nov-11</b>  | WAM              | Gregory Frey at Armadale Aerobics 2011                     |
| 50 Back    |                  | 57.55    | <b>5-Nov-11</b>  | WAM              | Ross Doherty at Armadale Club championships 9 2011         |
| 100 Back   |                  | 1:43.50  | <b>3-Mar-12</b>  | WAM              | Gregory Frey at Armadale Club Championships 2 2012         |
| 200 Back   |                  | 4:33.90  | <b>3-Dec-11</b>  | WAM              | Ross Doherty at Armadale Club Championships 10 2011        |
| 50 Breast  |                  | 46.49    | <b>14-Apr-12</b> | WAM              | Gregory Frey at Armadale Club Championships 3 2012         |
| 100 Breast |                  | 1:38.70  | <b>17-Apr-08</b> | WAM              | Peter Escott at XII FINA WORLD MASTERS 2008                |
| 200 Breast |                  | 4:05.18  | <b>11-Sep-11</b> | WAM              | Chris Millard at Stadium Snappers BACC 11 Sep 2011         |
| 400 Breast |                  | 8:29.71  | <b>2-Nov-10</b>  | WAM              | Gregory Frey at Armadale Aerobics                          |
| 50 Fly     |                  | 43.13    | <b>12-Feb-12</b> | WAM              | Gregory Frey at Newman Churchlands BACC 2012               |
| 200 IM     |                  | 3:29.71  | <b>2-Apr-11</b>  | WAM              | Gregory Frey at Armadale Club Championships 2 2011         |
| 55-59      |                  | 50 Free  | 32.66            | <b>20-Feb-11</b> | WAM  |
|            | 100 Free         | 1:14.43  | <b>11-Sep-11</b> | WAM              | Graham Hicks at Stadium Snappers BACC 11 Sep 2011          |

## Armadale Masters Swimming

### RECORDS Armadale Masters LC

|            |            |                  |                  |   |  |
|------------|------------|------------------|------------------|---|--|
| 55-59      | 200 Free   | 2:51.24          | <b>20-Feb-11</b> | WAM   | Graham Hicks at Newman Churchlands BACC 2011                   |
|            | 400 Free   | 6:07.95          | <b>20-Mar-11</b> | WAM   | Graham Cragg at Armadale Aerobics 2011                         |
|            | 800 Free   | 13:05.01         | <b>26-Feb-11</b> | WAM   | Graham Cragg at Armadale Virtual Aerobics 2011                 |
|            | 1500 Free  | 25:11.73         | <b>9-Jan-11</b>  | WAM   | Graham Cragg at Armadale Aerobics 2011                         |
|            | 50 Back    | 41.67            | <b>26-Apr-11</b> | WAM   | Graham Cragg at Masters Swimming Australia National Champions  |
|            | 100 Back   | 1:48.37          | <b>16-May-09</b> | WAM   | Graham Hicks at State Championships 2009                       |
|            | 200 Back   | 3:46.00          | <b>3-Dec-11</b>  | WAM   | Graham Hicks at Armadale Club Championships 10 2011            |
|            | 400 Back   | 7:34.84          | <b>26-Feb-11</b> | WAM   | Graham Cragg at Armadale Virtual Aerobics 2011                 |
|            | 50 Breast  | 36.49            | <b>26-Apr-11</b> | WAM   | Graham Cragg at Masters Swimming Australia National Champions  |
|            | 100 Breast | 1:24.45          | <b>26-Apr-11</b> | WAM   | Graham Cragg at Masters Swimming Australia National Champions  |
|            | 200 Breast | 3:07.62          | <b>2-Apr-11</b>  | WAM   | Graham Cragg at Armadale Club Championships 2 2011             |
|            | 400 Breast | 6:57.81          | <b>20-Mar-11</b> | WAM   | Graham Cragg at Armadale Aerobics 2011                         |
|            | 800 Breast | 13:37.33         | <b>26-Jun-11</b> | WAM   | Graham Cragg at Riverton 400 800 Meet                          |
|            | 200 IM     | 3:22.99          | <b>3-Dec-11</b>  | WAM   | Graham Cragg at Armadale Club Championships 10 2011            |
|            | 60-64      | 50 Free          | 33.27            | <b>1-Apr-12</b>                             | WAM  |
| 100 Free   |            | 1:16.09          | <b>1-Apr-12</b>  | WAM   | Graham Hicks at Melville BACC 2012                             |
| 200 Free   |            | 2:55.50          | <b>12-Feb-12</b> | WAM   | Graham Hicks at Newman Churchlands BACC 2012                   |
| 400 Free   |            | 6:29.60          | <b>21-Apr-12</b> | WAM   | Graham Hicks at Armadale Aerobics 2012                         |
| 800 Free   |            | 13:53.58         | <b>29-Apr-12</b> | WAM   | Graham Hicks at Armadale Aerobics 2012                         |
| 1500 Free  |            | 27:16.25         | <b>8-Jan-12</b>  | WAM   | Graham Hicks at Armadale Aerobics 2012                         |
| 50 Back    |            | 46.14            | <b>12-Feb-12</b> | WAM   | Graham Hicks at Newman Churchlands BACC 2012                   |
| 100 Back   |            | 1:38.74          | <b>1-Apr-12</b>  | WAM   | Graham Hicks at Melville BACC 2012                             |
| 200 Back   |            | 4:18.21          | <b>11-Feb-12</b> | WAM   | Charles Croft at Armadale Club Championships 1 2012            |
| 400 Back   |            | 8:24.11          | <b>18-Feb-12</b> | WAM   | Graham Hicks at Armadale Aerobics 2012                         |
| 50 Breast  |            | 44.37            | <b>26-Apr-11</b> | WAM   | Charles Croft at Masters Swimming Australia National Champions |
| 100 Breast |            | 1:39.47          | <b>26-Apr-11</b> | WAM   | Charles Croft at Masters Swimming Australia National Champions |
| 200 Breast |            | 3:41.99          | <b>26-Apr-11</b> | WAM   | Charles Croft at Masters Swimming Australia National Champions |
| 400 Breast |            | 8:43.35          | <b>26-Feb-11</b> | WAM   | Charles Croft at Armadale Virtual Aerobics 2011                |
| 800 Breast |            | 19:42.30         | <b>15-Nov-12</b> | WAM   | Graham Hicks at Armadale Aerobics 2012                         |
| 50 Fly     | 49.66      | <b>16-May-09</b> | WAM              | Fettes Falconer at State Championships 2009 |  |
| 65-69      | 50 Free    | 35.85            | <b>4-Mar-12</b>  | WAM   | Fettes Falconer at Masters Swimming WA State Championships     |
|            | 100 Free   | 1:23.72          | <b>3-Mar-12</b>  | WAM   | Fettes Falconer at Armadale Club Championships 2 2012          |
|            | 200 Free   | 3:08.58          | <b>4-Mar-12</b>  | WAM   | Fettes Falconer at Masters Swimming WA State Championships     |
|            | 400 Free   | 7:27.88          | <b>18-Oct-12</b> | WAM   | Fettes Falconer at Armadale Aerobics 2012                      |
|            | 100 Back   | 2:03.16          | <b>3-Mar-12</b>  | WAM   | Fettes Falconer at Armadale Club Championships 2 2012          |
|            | 50 Breast  | 1:01.40          | <b>11-Feb-12</b> | WAM   | Fettes Falconer at Armadale Club Championships 1 2012          |
|            | 100 Breast | 2:24.06          | <b>3-Nov-12</b>  | WAM   | Fettes Falconer at Armadale Club championships 10 2012         |
| 75-79      | 100 Free   | 1:58.66          | <b>3-Nov-12</b>  | WAM   | Stanley Brandwood at Armadale Club championships 10 2012       |
|            | 400 Free   | 9:13.60          | <b>21-Apr-12</b> | WAM   | Stanley Brandwood at Armadale Aerobics 2012                    |
|            | 800 Free   | 19:11.30         | <b>18-Nov-12</b> | WAM   | Stanley Brandwood at Armadale Aerobics 2012                    |
|            | 100 Back   | 2:34.21          | <b>3-Nov-12</b>  | WAM   | Stanley Brandwood at Armadale Club championships 10 2012       |

**Armadale Masters Swimming**

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**RECORDS Armadale Masters LC****LC Meters-Mixed**

|       |                  |         |                  |     |   |
|-------|------------------|---------|------------------|-----|---|
| 12-15 | 200 Free Relay   | 2:31.11 | <b>20-Jul-08</b> | WAM | Nicole Badani, Ross Doherty, Gillian Caruso, Craig Bean     |
| 16-19 | 200 Medley Relay | 2:52.06 | <b>20-Jul-08</b> | WAM | Gillian, Charles Croft, Nicole Badani, Craig Bean           |
| 20-23 | 200 Free Relay   | 3:02.50 | <b>20-Jul-08</b> | WAM | Jeff Sanders, Heather Croft, Pam Badani, Fettes Falconer    |
| 24-27 | 200 Free Relay   | 3:29.26 | <b>20-Jul-08</b> | WAM | Charles Croft, Yvonne Lovegrove, Lexie Rankin, Graham Hicks |
|       | 200 Medley Relay | 3:50.36 | <b>20-Jul-08</b> | WAM | Ross Doherty, Lexie Rankin, Fettes Falconer, Pam Badani     |