



Armadale Masters Swimming Club



Mandurah BACC 24th June 2012

We had a fired up team of 13 swimmers at this event. We gained a respectable 7th place with 94 points and all swimmers should be very pleased with their swims, many of which gained maximum points. The team was made up of Graham Cragg, Stanley, Linda, Charles, Gillian, Graham Hicks, Heather Jeps, Mary, Lexie, Yvonne Hunt, Greg and I (Jeff). In total 10 new club records were set and 10 personal bests were swum. Yvonne Lovegrove who had entered the carnival and was not well on the day still came along to support the team. Thanks to Peter Rankin and Alan Plant who did most of the time keeping, this allowed us swimmers to focus on our events. Again with so much information to report I will list all the achievements swimmer by swimmer.

Graham Cragg: Graham was on fire lowering his existing state record in the 100m Breaststroke, gaining first place in all of his events and bettering his previous club records with PB's in both the 100m Breaststroke and 100m Individual Medley. Graham was also the clubs top point scorer on the day with a total of 12 points. Well done mate.

Stanley: Stan with his smooth slippery style gained a 1st, a 2nd and a 3rd in his 3 events. Stan broke 2 of his recently set club records in both the 50m Freestyle and 50m backstroke.

Linda: Who was very quick off the blocks also gained a 1st, a 2nd and a 3rd in her 3 events and added yet another club record to her name in the 100m Freestyle.

Charles: Racing against our old coach and life member Nicole Badani in the 100m Breaststroke was under pressure to perform which he did just pipping Nicole at the line and getting 1st place in his age group. Charles also got a 1st place in the 50m Breaststroke with a PB and breaking his existing club record.

Gillian: Came first in the 50m backstroke scoring maximum points for the club and just 0.17sec of her personal best, came 2nd in the 50 Butterfly and 3rd in the 100 Individual Medley.

Graham Hicks: Scored 8 points for the club with a couple of 2nd places. Graham also broke the existing club records in both the 100m Individual Medley and 100m freestyle

Heather Jeps: With her new aggressive looking breaststroke style got a 1st place in the 100m Breaststroke scoring top points for the club and got a PB breaking her existing club record in the 50m Breaststroke which she set at Mandurah last year.

Mary: In a larger field of 65 -69 year old swimmers than normal still managed to come home with a good second place in the 50m breaststroke and participated in the relays helping us getting 6 teams together and getting a swag of points.

Lexie: In the 100m Freestyle did a great dive and then was not seen for around 30 seconds. I was just about to dive in and look for her when she popped up and gasped a breath of air before getting stuck back into the race. Lexie swum in both the relays helping us getting 6 teams together and getting swag of points.

Yvonne Hunt: With her new freestyle stroke gained a PB in the 100m freestyle beating her old time by nearly 3 ½ seconds and set a club record in the 50m Backstroke.

Liz: Got a PB breaking her existing club record in the 50m Breaststroke which she set at Mandurah last year. She was then seen coming out of the showers all dressed up to go when she found out that she still had another relay to swim. I think I got the blame when she had to rush back into the change room and put back on her cold bathers.

Greg: With all the excitement and pressure in the 100 Individual Medley against the 2 Graham's, Greg broke early of the blocks and was DQ'd. I tried to argue with the judges on his behalf but they would not overturn their decision and told me that he was gone before they even said, "take your marks". However earlier in the competition Greg smashed his 50m Butterfly club record by nearly 3½ seconds with a PB of 41.86.

Jeff