

Armadale Masters Swimming

RECORDS Armadale Masters SC

SC Meters-Female

12-15	100 Medley Relay	1:15.43	1-May-10	WAM	Nicole Badani, Heather Adams, Catriona Adams, Gillian Adams
16-19	100 Free Relay	1:09.86	2-May-10	WAM	Catrions Adams, Nicole Badani, Mary Plant, Gillian Caruso
18-24	50 Free	35.08	19-Jun-11	WAM	Jacqueline Briggs at Mandurah BACC 2011
	100 Free	1:08.34	1-May-10	WAM	Catriona Adams at Masters Swimming WA State Championships 2010
	200 Free	3:12.44	2-Jul-11	WAM	Jacqueline Briggs at Armadale Club Championships 5 2011
	400 Free	7:01.64	28-Jun-11	WAM	Jacqueline Briggs at Armadale Aerobics 2011
	800 Free	11:28.98	27-Apr-10	WAM	Catriona Adams at Armadale Aerobics 2010
	50 Back	35.46	1-May-10	WAM	Catriona Adams at Masters Swimming WA State Championships 2010
	100 Back	1:14.86	1-May-10	WAM	Catriona Adams at Masters Swimming WA State Championships 2010
	400 Back	7:28.54	19-May-11	WAM	Jacqueline Briggs at Armadale Aerobics 2011
	100 Breast	2:06.62	31-Jul-10	WAM	Helen Rossi at Armadale Club Championships 3 2010
	25 Fly	20.58	1-Oct-11	WAM	Jacqueline Briggs at Armadale Club Championships 8 2011
	100 IM	1:16.17	1-May-10	WAM	Catriona Adams at Masters Swimming WA State Championships 2010
	200 IM	2:44.85	1-May-10	WAM	Catriona Adams at Masters Swimming WA State Championships 2010
20-23	100 Medley Relay	1:37.42	4-Jul-10	WAM	Linda Cragg, Lexie Rankin, Gillian Caruso, Liz Dunn
25-29	50 Free	46.81	13-Jun-10	WAM	Claire Dowling at Mandurah BACC 2010
	100 Free	1:37.24	6-Jun-09	WAM	Jacinta Pleiter at Armadale Club Championships 2 2009
	400 Free	8:09.21	1-Aug-09	WAM	Jacinta Pleiter at Armadale Aerobics 2009
	50 Breast	50.91	13-Jun-10	WAM	Claire Dowling at Mandurah BACC 2010
	800 Breast	17:50.13	11-May-10	WAM	Claire Dowling at Armadale Aerobics 2010
30-34	50 Free	34.55	8-May-10	WAM	Nicole Badani at Club Championships 1 2010
	25 Back	19.10	5-Jul-09	WAM	Nicole Badani at Swan Hills BACC 2009
	50 Back	39.03	7-Apr-10	WAM	Nicole Badani at National Championships 2010
	100 Back	1:25.47	1-May-10	WAM	Nicole Badani at Masters Swimming WA State Championships 2010
	200 Back	3:10.20	7-Apr-10	WAM	Nicole Badani at National Championships 2010
	50 Breast	48.47	15-Jun-08	WAM	Nicole Badani at Mandurah BACC 2008
	400 Breast	7:52.44	13-Sep-08	WAM	Nicole Badani at Armadale Aerobics 2008
	25 Fly	18.31	5-Jul-09	WAM	Nicole Badani at Swan Hills BACC 2009
	100 IM	1:28.02	1-May-10	WAM	Nicole Badani at Masters Swimming WA State Championships 2010
	35-39	50 Free	46.50	13-Jun-10	WAM
100 Free		1:56.22	26-Jul-08	WAM	Michelle Hollamby at Armadale Club Championship 3 2008
200 Free		4:15.48	28-Jun-08	WAM	Michelle Hollamby at Armadale Club Championship 2 2008
400 Free		9:24.82	18-Jul-09	WAM	Michelle Hollamby at Armadale Aerobics 2009
50 Breast		55.22	13-Jun-10	WAM	Heather Jeps at Mandurah BACC 2010
100 Breast		1:59.44	13-Jun-10	WAM	Heather Jeps at Mandurah BACC 2010
400 Breast		8:42.90	13-Sep-08	WAM	Michelle Hollamby at Armadale Aerobics 2008
800 Breast		18:07.87	22-Jul-08	WAM	Michelle Hollamby at Armadale Aerobics 2008
40-44	25 Free	17.25	23-Aug-08	WAM	Gillian Caruso at State Championships 2008
	50 Free	36.63	13-Jun-10	WAM	Gillian Caruso at Mandurah BACC 2010
	100 Free	1:22.60	28-Aug-10	WAM	Gillian Caruso at Armadale Club Championships 4 2010
	200 Free	3:05.22	5-Jul-09	WAM	Gillian Caruso at Swan Hills BACC 2009
	400 Free	6:37.16	11-Sep-10	WAM	Gillian Caruso at Armadale Aerobics 2010
	800 Free	13:11.41	19-May-11	WAM	Gillian Caruso at Armadale Aerobics 2011
	25 Back	19.57	4-Jul-10	WAM	Gillian Caruso at Swan Hills BACC
	50 Back	41.91	23-Aug-08	WAM	Gillian Caruso at State Championships 2008
	100 Back	1:29.25	4-Jul-10	WAM	Gillian Caruso at Swan Hills BACC
	200 Back	3:11.38	4-Jul-10	WAM	Gillian Caruso at Swan Hills BACC

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40-44	400 Back	6:49.62	3-Oct-09	WAM	Gillian Caruso at Armadale Aerobics 2009	
	800 Back	14:07.37	11-Aug-09	WAM	Gillian Caruso at Armadale Aerobics 2009	
	50 Breast	50.62	19-Jun-11	WAM	Heather Jeps at Mandurah BACC 2011	
	100 Breast	1:50.72	19-Jun-11	WAM	Heather Jeps at Mandurah BACC 2011	
	200 Breast	4:04.68	1-Oct-11	WAM	Heather Jeps at Armadale Club Championships 8 2011	
	400 Breast	8:25.74	12-Sep-09	WAM	Gillian Caruso at Armadale Club Championships 5 2009	
	25 Fly	18.75	29-Nov-09	WAM	Gillian Caruso at Osborne park BACC 2009	
	50 Fly	41.76	26-Jun-10	WAM	Gillian Caruso at Armadale Club Championships 2 2010	
	100 IM	1:33.22	13-Jun-10	WAM	Gillian Caruso at Mandurah BACC 2010	
	45-49	50 Free	56.65	13-Jun-10	WAM	Kimberley Flatt at Mandurah BACC 2010
100 Free		2:03.80	26-Jun-10	WAM	Kimberley Flatt at Armadale Club Championships 2 2010	
50 Breast		58.28	26-Jun-10	WAM	Kimberley Flatt at Armadale Club Championships 2 2010	
100 Breast		2:12.55	31-Jul-10	WAM	Kimberley Flatt at Armadale Club Championships 3 2010	
50-54	25 Free	23.52	6-Aug-11	WAM	Katja Cappadona at Armadale Club Championships 6 2011	
	50 Free	40.55	24-May-08	WAM	Heather Adams at Armadale Club Championship 1 2008	
	100 Free	1:33.59	13-Jun-10	WAM	Linda Cragg at Mandurah BACC 2010	
	200 Free	3:20.25	23-Aug-08	WAM	Heather Adams at State Championships 2008	
	400 Free	7:19.46	10-May-08	WAM	Heather Adams at Armadale Aerobics 2008	
	800 Free	15:05.81	28-Oct-08	WAM	Heather Adams at Armadale Aerobics 2008	
	25 Back	27.78	3-Sep-11	WAM	Katja Cappadona at Armadale Club Championships 7 2011	
	50 Back	1:00.89	6-Aug-11	WAM	Katja Cappadona at Armadale Club Championships 6 2011	
	100 Back	2:28.10	18-Sep-10	WAM	Helen Gray at Armadale Club Championships 5 2010	
	25 Breast	23.60	23-Aug-08	WAM	Heather Adams at State Championships 2008	
	50 Breast	52.60	23-Aug-08	WAM	Heather Adams at State Championships 2008	
	100 Breast	1:55.59	8-May-10	WAM	Linda Cragg at Club Championships 1 2010	
	200 Breast	4:09.85	23-Aug-08	WAM	Heather Adams at State Championships 2008	
	400 Breast	8:41.89	11-Sep-10	WAM	Linda Cragg at Armadale Aerobics 2010	
	800 Breast	17:51.99	11-May-10	WAM	Linda Cragg at Armadale Aerobics 2010	
	55-59	25 Free	19.17	1-Oct-11	WAM	Linda Cragg at Armadale Club Championships 8 2011
50 Free		41.68	19-Jun-11	WAM	Linda Cragg at Mandurah BACC 2011	
100 Free		1:35.59	13-Jun-10	WAM	Heather Adams at Mandurah BACC 2010	
200 Free		3:27.40	1-May-10	WAM	Heather Adams at Masters Swimming WA State Championships 2010	
400 Free		7:38.31	28-Jun-11	WAM	Linda Cragg at Armadale Aerobics 2011	
800 Free		15:43.19	20-Jul-10	WAM	Heather Adams at Armadale Aerobics 2010	
25 Back		29.21	3-Sep-11	WAM	Heather Croft at Armadale Club Championships 7 2011	
100 Back		2:16.50	12-May-12	WAM	Yvonne Hunt at Armadale Club Championships 4 2012	
25 Breast		19.59	9-Jun-12	WAM	Linda Cragg at Armadale Club Championships 5 2012	
50 Breast		52.97	19-Jun-11	WAM	Linda Cragg at Mandurah BACC 2011	
100 Breast		1:55.27	19-Jun-11	WAM	Linda Cragg at Mandurah BACC 2011	
200 Breast		4:07.39	1-Oct-11	WAM	Linda Cragg at Armadale Club Championships 8 2011	
400 Breast		8:41.80	26-Jul-11	WAM	Linda Cragg at Armadale Aerobics 2011	
800 Breast		17:55.17	29-Jun-10	WAM	Yvonne Hunt at Armadale Aerobics 2010	
25 Fly		25.52	3-Sep-11	WAM	Linda Cragg at Armadale Club Championships 7 2011	
100 IM		1:54.01	3-Sep-11	WAM	Linda Cragg at Armadale Club Championships 7 2011	
60-64		50 Free	48.62	4-Jul-10	WAM	Liz Dunn at Swan Hills BACC
		100 Free	1:43.16	4-Jul-10	WAM	Liz Dunn at Swan Hills BACC
	200 Free	3:54.11	2-Jul-11	WAM	Liz Dunn at Armadale Club Championships 5 2011	
	400 Free	7:42.28	10-Jul-10	WAM	Liz Dunn at Armadale Aerobics 2010	
	800 Free	15:47.91	29-Jun-10	WAM	Liz Dunn at Armadale Aerobics 2010	
	25 Back	32.81	9-Jun-12	WAM	Liz Dunn at Armadale Club Championships 5 2012	
	25 Breast	27.30	12-May-12	WAM	Heather Croft at Armadale Club Championships 4 2012	
	50 Breast	1:01.27	12-May-12	WAM	Heather Croft at Armadale Club Championships 4 2012	

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60-64	100 Breast	2:26.05	3-Sep-11	WAM	Liz Dunn at Armadale Club Championships 7 2011
65-69	25 Free	19.82	23-Aug-08	WAM	Pam Badani at State Championships 2008
	50 Free	43.25	15-Jun-08	WAM	Pam Badani at Mandurah BACC 2008
	100 Free	1:41.32	25-Oct-08	WAM	Pam Badani at Armadale Club Championship 6 2008
	200 Free	3:49.58	28-Jun-08	WAM	Pam Badani at Armadale Club Championship 2 2008
	400 Free	7:57.05	26-Apr-08	WAM	Pam Badani at Armadale Club 400m 2008
	800 Free	16:17.54	22-Jul-08	WAM	Pam Badani at Armadale Aerobics 2008
	25 Back	33.31	9-Jun-12	WAM	Maria Plant at Armadale Club Championships 5 2012
	50 Back	57.51	25-Oct-08	WAM	Pam Badani at Armadale Club Championship 6 2008
	50 Breast	1:02.64	1-May-10	WAM	Mary Plant at Masters Swimming WA State Championships 2010
	100 Breast	2:16.04	8-May-10	WAM	Mary Plant at Club Championships 1 2010
	200 Breast	5:03.99	1-May-10	WAM	Mary Plant at Masters Swimming WA State Championships 2010
	400 Breast	10:38.35	14-Jun-08	WAM	Pam Badani at Armadale Aerobics 2008
	800 Breast	21:37.45	29-Jun-10	WAM	Maria Plant at Armadale Aerobics 2010
	70-74	25 Free	26.06	4-Jul-10	WAM
50 Free		58.43	5-Jul-09	WAM	Lexie Rankin at Swan Hills BACC 2009
100 Free		2:22.72	28-Aug-10	WAM	Lexie Rankin at Armadale Club Championships 4 2010
200 Free		5:11.99	4-Jul-09	WAM	Lexie Rankin at Armadale Club Championships 3 2009
25 Breast		31.94	4-Jul-10	WAM	Lexie Rankin at Swan Hills BACC
50 Breast		1:12.64	6-Jun-09	WAM	Lexie Rankin at Armadale Club Championships 2 2009
100 Breast		2:43.61	8-May-10	WAM	Lexie Rankin at Club Championships 1 2010
200 Breast		5:47.77	15-Aug-09	WAM	Lexie Rankin at Armadale Club Championships 4 2009

Armadale Masters Swimming

RECORDS Armadale Masters SC

SC Meters-Male

20-23	100 Free Relay	58.42	23-Aug-08	WAM	Fettes Falconer, Charles Croft, Gordon Gillam, Craig Bean
	100 Medley Relay	1:13.57	23-Aug-08	WAM	Graham Hicks, Charles Croft, Fettes Falconer, Craig Bean
25-29	25 Free	14.19	9-Jun-12	WAM	Kevin Wright at Armadale Club Championships 5 2012
	50 Free	30.74	9-Jun-12	WAM	Kevin Wright at Armadale Club Championships 5 2012
	100 Free	1:10.68	9-Jun-12	WAM	Kevin Wright at Armadale Club Championships 5 2012
	400 Free	6:37.28	17-May-12	WAM	Kevin Wright at Armadale Aerobics 2012
	800 Free	13:32.87	17-May-12	WAM	Kevin Wright at Armadale Aerobics 2012
35-39	25 Free	13.82	23-Aug-08	WAM	Craig Bean at State Championships 2008
	50 Free	30.49	27-Sep-08	WAM	Craig Bean at Armadale Club Championship 5 2008
	100 Free	1:07.24	23-Aug-08	WAM	Craig Bean at State Championships 2008
	200 Free	2:58.73	28-Jun-08	WAM	Craig Bean at Armadale Club Championship 2 2008
	400 Free	6:16.54	23-May-09	WAM	Craig Bean at Armadale Aerobics 2009
	50 Breast	41.63	13-Jun-10	WAM	Craig Bean at Mandurah BACC 2010
	100 Breast	1:31.07	29-Nov-09	WAM	Craig Bean at Osborne park BACC 2009
	200 Breast	3:27.45	30-Aug-08	WAM	Craig Bean at Armadale Club Championship 4 2008
	400 Breast	7:48.29	14-Jun-08	WAM	Craig Bean at Armadale Aerobics 2008
	800 Breast	16:14.14	7-Jun-08	WAM	Craig Bean at Armadale aerobics 2008
25 Fly	15.69	29-Nov-09	WAM	Craig Bean at Osborne park BACC 2009	
40-44	25 Free	15.93	1-Oct-11	WAM	Colin Gibson at Armadale Club Championships 8 2011
	50 Free	36.18	19-Jun-11	WAM	Colin Gibson at Mandurah BACC 2011
	100 Free	1:24.72	19-Jun-11	WAM	Colin Gibson at Mandurah BACC 2011
	200 Free	3:23.19	1-Oct-11	WAM	Colin Gibson at Armadale Club Championships 8 2011
	400 Free	7:16.61	11-Aug-11	WAM	Colin Gibson at Armadale Aerobics 2011
	800 Free	15:09.46	11-Aug-11	WAM	Colin Gibson at Armadale Aerobics 2011
	1500 Free	29:53.26	27-Oct-11	WAM	Colin Gibson at Armadale Aerobics 2011
	100 Back	1:58.27	19-Jun-11	WAM	Colin Gibson at Mandurah BACC 2011
	100 Breast	1:57.71	4-Jun-11	WAM	Simon Stiles at Armadale Club Championships 4 2011
45-49	50 Free	36.28	5-Jul-09	WAM	Tony Debono at Swan Hills BACC 2009
	100 Free	1:25.22	13-Jun-10	WAM	John Moore at Mandurah BACC 2010
	200 Free	2:53.81	5-Jul-09	WAM	Tony Debono at Swan Hills BACC 2009
	400 Free	7:03.60	17-May-12	WAM	Colin Gibson at Armadale Aerobics 2012
	800 Free	15:20.19	17-May-12	WAM	Colin Gibson at Armadale Aerobics 2012
	25 Breast	20.94	5-Jul-09	WAM	Tony Debono at Swan Hills BACC 2009
	50 Breast	44.69	25-Oct-08	WAM	Chris Millard at Armadale Club Championship 6 2008
	100 Breast	1:45.76	5-Jul-09	WAM	Chris Millard at Swan Hills BACC 2009
	200 Breast	3:49.76	15-Aug-09	WAM	Chris Millard at Armadale Club Championships 4 2009
	400 Breast	8:23.30	5-Sep-09	WAM	Chris Millard at Armadale Aerobics 2009
100 IM	1:43.27	18-Sep-10	WAM	Chris Millard at Armadale Club Championships 5 2010	
50-54	25 Free	15.23	12-May-12	WAM	Gregory Frey at Armadale Club Championships 4 2012
	50 Free	30.51	27-Sep-08	WAM	Garry Howard at Armadale Club Championship 5 2008
	100 Free	1:13.16	19-Jun-11	WAM	Gregory Frey at Mandurah BACC 2011
	200 Free	2:44.40	2-Jul-11	WAM	Gregory Frey at Armadale Club Championships 5 2011
	400 Free	6:04.66	7-Aug-10	WAM	Gregory Frey at Armadale Aerobics 2010
	800 Free	12:43.80	16-Jun-11	WAM	Gregory Frey at Armadale Aerobics 2011
	1500 Free	28:14.82	27-Oct-11	WAM	Ross Doherty at Armadale Aerobics 2011
	25 Back	20.12	1-Oct-11	WAM	Gregory Frey at Armadale Club Championships 8 2011
	50 Back	41.53	12-May-12	WAM	Gregory Frey at Armadale Club Championships 4 2012
	100 Back	1:19.98	27-Sep-08	WAM	Garry Howard at Armadale Club Championship 5 2008
200 Back	4:20.79	30-Aug-08	WAM	Ross Doherty at Armadale Club Championship 4 2008	

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RECORDS Armadale Masters SC

50-54	400 Back	9:15.90	16-Jun-11	WAM	Ross Doherty at Armadale Aerobics 2011	
	25 Breast	20.42	9-Jun-12	WAM	Gregory Frey at Armadale Club Championships 5 2012	
	50 Breast	44.01	15-Jun-08	WAM	Peter Escott at Mandurah BACC 2008	
	100 Breast	1:38.62	27-Sep-08	WAM	Peter Escott at Armadale Club Championship 5 2008	
	200 Breast	3:32.94	30-Aug-08	WAM	Peter Escott at Armadale Club Championship 4 2008	
	400 Breast	7:26.73	2-Aug-08	WAM	Peter Escott at Armadale Aerobics 2008	
	25 Fly	18.41	27-Nov-11	WAM	Gregory Frey at Osborne Park BACC 27.11.11	
	50 Fly	45.29	7-May-11	WAM	Gregory Frey at Armadale Club Championships 3 2011	
	100 IM	1:28.06	27-Nov-11	WAM	Gregory Frey at Osborne Park BACC 27.11.11	
	200 IM	3:24.47	1-Oct-11	WAM	Gregory Frey at Armadale Club Championships 8 2011	
	55-59	25 Free	14.59	23-Aug-08	WAM	Graham Hicks at State Championships 2008
		50 Free	31.88	27-Sep-08	WAM	Graham Hicks at Armadale Club Championship 5 2008
100 Free		1:13.07	19-Jun-11	WAM	Graham Hicks at Mandurah BACC 2011	
200 Free		2:47.14	29-Nov-09	WAM	Graham Hicks at Osborne park BACC 2009	
400 Free		5:54.60	9-Oct-10	WAM	Graham Cragg at Armadale Aerobics 2010	
800 Free		12:24.59	23-Oct-10	WAM	Graham Cragg at Armadale Aerobics 2010	
1500 Free		25:26.55	27-Oct-11	WAM	Graham Hicks at Armadale Aerobics 2011	
25 Back		20.11	9-Jun-12	WAM	Graham Cragg at Armadale Club Championships 5 2012	
50 Back		43.54	27-Nov-11	WAM	Graham Hicks at Osborne Park BACC 27.11.11	
100 Back		1:36.53	4-Jun-11	WAM	Graham Hicks at Armadale Club Championships 4 2011	
200 Back		3:36.66	15-Aug-09	WAM	Graham Hicks at Armadale Club Championships 4 2009	
400 Back		6:57.18	9-Oct-10	WAM	Graham Cragg at Armadale Aerobics 2010	
25 Breast		21.14	23-Aug-08	WAM	Charles Croft at State Championships 2008	
50 Breast		38.56	13-Jun-10	WAM	Graham Cragg at Mandurah BACC 2010	
100 Breast		1:27.31	13-Jun-10	WAM	Graham Cragg at Mandurah BACC 2010	
200 Breast		3:19.89	2-Jul-11	WAM	Graham Cragg at Armadale Club Championships 5 2011	
400 Breast		6:35.09	28-Jun-11	WAM	Graham Cragg at Armadale Aerobics 2011	
800 Breast		14:11.54	27-Apr-10	WAM	Graham Cragg at Armadale Aerobics 2010	
25 Fly		22.60	5-Jul-09	WAM	Charles Croft at Swan Hills BACC 2009	
100 IM		1:31.43	9-Jun-12	WAM	Graham Cragg at Armadale Club Championships 5 2012	
60-64		25 Free	15.17	12-May-12	WAM	Graham Hicks at Armadale Club Championships 4 2012
	50 Free	33.66	23-Aug-08	WAM	Gordon Gillam at State Championships 2008	
	100 Free	1:18.47	13-Jun-10	WAM	Fettes Falconer at Mandurah BACC 2010	
	200 Free	3:03.19	23-Aug-08	WAM	Fettes Falconer at State Championships 2008	
	400 Free	6:37.50	12-Sep-09	WAM	Fettes Falconer at Armadale Club Championships 5 2009	
	800 Free	14:09.48	27-Sep-11	WAM	Charles Croft at Armadale Aerobics 2011	
	1500 Free	27:55.25	27-Oct-11	WAM	Charles Croft at Armadale Aerobics 2011	
	25 Back	23.50	9-Jun-12	WAM	Charles Croft at Armadale Club Championships 5 2012	
	50 Back	44.45	25-Oct-08	WAM	Fettes Falconer at Armadale Club Championship 6 2008	
	200 Back	4:27.72	30-Aug-08	WAM	Fettes Falconer at Armadale Club Championship 4 2008	
	400 Back	7:49.18	29-May-12	WAM	Graham Hicks at Armadale Aerobics 2012	
	25 Breast	20.92	6-Aug-11	WAM	Charles Croft at Armadale Club Championships 6 2011	
	50 Breast	45.60	19-Jun-11	WAM	Charles Croft at Mandurah BACC 2011	
	100 Breast	1:38.97	19-Jun-11	WAM	Charles Croft at Mandurah BACC 2011	
	200 Breast	3:36.49	1-Oct-11	WAM	Charles Croft at Armadale Club Championships 8 2011	
	400 Breast	8:03.96	30-Aug-11	WAM	Charles Croft at Armadale Aerobics 2011	
	800 Breast	16:38.66	11-Aug-11	WAM	Charles Croft at Armadale Aerobics 2011	
	25 Fly	19.50	23-Aug-08	WAM	Fettes Falconer at State Championships 2008	
	50 Fly	48.29	6-Jun-09	WAM	Fettes Falconer at Armadale Club Championships 2 2009	
	100 IM	1:42.10	19-Jun-11	WAM	Charles Croft at Mandurah BACC 2011	
	75-79	50 Free	55.09	9-Jun-12	WAM	Stanley Brandwood at Armadale Club Championships 5 2012
		100 Free	1:56.25	12-May-12	WAM	Stanley Brandwood at Armadale Club Championships 4 2012
		400 Free	9:04.15	29-May-12	WAM	Stanley Brandwood at Armadale Aerobics 2012

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75-79	50 Back	1:12.66	12-May-12	WAM	Stanley Brandwood at Armadale Club Championships 4 2012
	100 Back	2:25.96	9-Jun-12	WAM	Stanley Brandwood at Armadale Club Championships 5 2012
	25 Fly	34.07	9-Jun-12	WAM	Stanley Brandwood at Armadale Club Championships 5 2012

Armadale Masters Swimming

RECORDS Armadale Masters SC

SC Meters-Mixed

12-15	200 Free Relay	2:22.69	29-Nov-09	WAM	Nicole Badani, Gillian Caruso, Craig Bean, Chris Millard
	200 Medley Relay	3:16.17	19-Jun-11	WAM	Heather Jeps, Simon Stiles, Jacqueline Briggs, Colin Gibson
16-19	100 Free Relay	1:06.42	5-Jul-09	WAM	Nicole Badani, Chris Millard, Gillian Caruso, Fettes Falconer
	200 Free Relay	2:28.01	5-Jul-09	WAM	Nicole Badani, Charles Croft, Gillian Caruso, Fettes Falconer
	800 Free Relay	13:49.33	4-Jul-10	WAM	Gillian Caruso, Chris Millard, Linda Cragg, Jeffrey Sanders
	100 Medley Relay	1:16.53	5-Jul-09	WAM	Nicole Badani, Charles Croft, Gillian Caruso, Chris Millard
20-23	200 Medley Relay	2:51.83	29-Nov-09	WAM	Gillian Caruso, Charles Croft, Nicole Badani, Fettes Falconer
	100 Free Relay	1:25.39	5-Jul-09	WAM	Charles Croft, Lexie Rankin, Jeff Sanders, Yvonne Hunt
	200 Free Relay	2:41.77	13-Jun-10	WAM	Heather Adams, Graham Hicks, Liz Dunn, Graham Cragg
	100 Medley Relay	1:36.88	5-Jul-09	WAM	Jeff Sanders, Yvonne Hunt, Fettes Falconer, Heather Croft
24-27	200 Medley Relay	3:04.45	15-Jun-08	WAM	Graham Hicks, Heather Croft, Gillian Caruso, Peter Escott
	200 Free Relay	3:01.75	19-Jun-11	WAM	Liz Dunn, Charles Croft, Maria Plant, Fettes Falconer
	200 Medley Relay	3:34.20	13-Jun-10	WAM	Jeff Sanders, Charles Croft, Fettes Falconer, Maria Plant