



# Armadale Masters Swimming Club



## Melville BACC

A team of ten swimmers represented the club at the Melville BACC on April 1<sup>st</sup>. Gillian, Jannette, Heather Jeps, Yvonne Lovegrove, Mary, Lexie, Jeff, Graham Hicks, Simon and Chris flew the flag and Peter Rankin supported us by carrying out timing duties for the day.

Unfortunately Greg had to withdraw a couple of days before the event and despite her best efforts Jacqueline couldn't overcome an illness and pulled out the night before the meet. This meant some last minute changes to the relay teams with Chris having to struggle from one end to the other in the men's butterfly leg, Gillian gracefully "flying" for the women and Heather starting off in the backstroke.

Mary (7s) and Yvonne (10s) had PB's in the 100 free, Lexie swam 5s quicker than she ever has in the 50 breast, Graeme took 10s off his best in the 100 back and Jeff touched the end of the pool in 0.01s quicker than his best in the 50 free. Well done to all of you.

Seven individual Club Records were also set with Graham now the keeper of the 50 and 100 free and 100 back in his age group, Lexie broke the 50 free and 50 breast in the ...(we don't talk about ladies ages) and Simon and Chris breaking records in the 50 breast. The women set a new Record in the 200m medley relay.

Jeff experienced a 50mtr freestyle swim on his own following Chris' butterfly effort in the men's relay – thanks Greg, sorry Jeff.

Coach Jeff thought Mary needed to be stretched a little in the 100mtr breaststroke and entered a time (45s quicker than her PB) that had her swimming in the second fastest heat. A sterling effort from Mary saw her finish a close .... well the time wasn't right and things weren't helped by Graham yelling out that she was giving the others too much of a start to catch them in a sprint to the finish.

Heather Jeps had a win in the raffle – next best thing to a win in pool, and the club finished 8<sup>th</sup> overall.

Thanks to Peter for his assistance with the timekeeping.

The complete meet results are available on the Pool Event Results page.

Our next BACC is at Mandurah on June 24<sup>th</sup> where the annual club photo will be taken so we need as many Pelicans to attend as possible. Numbers are always good at this event, as is the lunch, so mark it in your diaries as a date not to be missed.

CC