

**Armadale Masters Swimming**

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**Individual Records Report for Armadale-L****Armadale Masters Swimming [WAM]**

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**Female 55-59 400 Breast**

9:05.23	Linda Cragg at Armadale Virtual Aerobics 2011	26/02/2011	WAM
8:57.16 **	Linda Cragg at Armadale Aerobics 2011	24/11/2011	WAM