

## Armadale Masters Swimming

### Individual Records Report for Armadale-L

#### Armadale Masters Swimming [WAM]

##### Female 55-59 200 Breast

4:14.55	Linda Cragg at Armadale Club Championships 2 2011	2/04/2011	WAM
4:10.71 **	Linda Cragg at Armadale Club Championships 10 2011	3/12/2011	WAM

##### Female 70-74 50 Free

1:12.61	Yvonne Lovegrove at Armadale Club Championships 2 2011	2/04/2011	WAM
1:10.19 **	Lexie Rankin at Armadale Club Championships 10 2011	3/12/2011	WAM

##### Male 50-54 200 Back

4:42.00	Ross Doherty at Armadale Club Championships 2 2011	2/04/2011	WAM
4:33.90 **	Ross Doherty at Armadale Club Championships 10 2011	3/12/2011	WAM

##### Male 55-59 200 Back

3:51.28	Graham Hicks at Armadale Club Championships 2 2011	2/04/2011	WAM
3:46.00 **	Graham Hicks at Armadale Club Championships 10 2011	3/12/2011	WAM

##### Male 55-59 200 IM

3:30.00	Vacant	1/12/2011	WAM
3:22.99 **	Graham Cragg at Armadale Club Championships 10 2011	3/12/2011	WAM

##### Male 60-64 50 Free

35.79	Fettes Falconer at Stadium Snappers BACC 11 Sep 2011	11/09/2011	WAM
35.49 **	Fettes Falconer at Armadale Club Championships 10 2011	3/12/2011	WAM