

**ARMADALE MASTERS AEROBIC POINTS 2011
NATIONAL AEROBIC TROPHY**

Proportional Estimation		400m (Min 5 swims)			800m (Min 5 swims)			Other Points
Points #	Women	Free	Breast	Back	Free	Breast	Back	
66	Gillian Caruso	3		3	3		3	30
34	* Heather Croft	5	3		3	2		
18	Jacqueline Briggs	3		2	2			
18	Liz Dunn	3			3			
16	* Jannette Edwards	5	5			2		
14	Linda Cragg	4	3					
8	Michelle Hollomby	1	1			1		
8	Katja Cappadona	2	2					
4	Kimberley Flatt	1	1					
4	Fennifer Findlay				1			
2	Yvonne Hunt	1						
2	Maree Lim	1						
2	Yvonne Lovegrove	1						
2	Helen Rossi	1						
2	Maria Plant	1						
2	Heather Adams	1						

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Proportional Estimation		400m (Min 5 swims)			800m (Min 5 swims)			Other Points
Points #	Men	Free	Breast	Back	Free	Breast	Back	
56	Graham Hicks	3	4	3	4			20
48	Ross Doherty	3		3	3			24
45	Jeff Sanders	3	2	3	2			21
41	Graham Cragg	4	4	1	1	1		15
34	Charles Croft	3	4		2	3		
33	Greg Frey	3			3			15
22	Fettes Falconer	3			4			
16	Colin Gibson	4			2			
8	Chris Millard	2	2					

Points are a proportional estimation based on completed swims. A minimum of 5 swims is required to gain points and the exact number of points awarded depends on the average swim time.

* Awarded points will be displayed for each completed set of 5 swims plus proportional estimated points for less than 5 completed swims.