

## Armadale Masters Swimming

### Individual Meet Results

MSWA LiveLighter All Club Challenge 28-Mar-15 to 29-Mar-15 [Ageup: 31/12/2015] SC Meters

Location: HBF Stadium

Armadale Masters Swimming [WAM] Coach: Heather Croft

Time	F/P/S	Event	Place	Points	Improv
<b>Burch, Rowena (31) F</b>					
1:35.11S	F # 3	Mixed 30-34 100 Breast	1	10	---
3:03.87S	F # 5	Mixed 30-34 200 IM	2	9	---
3:13.92S	F # 8	Mixed 30-34 200 Fly	2	9	-11.75
1:24.08S	F # 15	Mixed 30-34 100 Fly	2	9	-5.03
1:27.33S	F # 17	Mixed 30-34 100 IM	3	8	-1.06
3:19.00S	F # 20	Mixed 30-34 200 Breast	1	10	---
<b>Cragg, Graham (61) M</b>					
1:25.23S	F # 3	Mixed 60-64 100 Breast	1	10	-0.91
17.46S	F # 6	Mixed 60-64 25 Breast	1	10	0.31
38.06S	F # 14	Mixed 60-64 50 Breast	1	10	-0.47
1:23.40S	F # 17	Mixed 60-64 100 IM	1	10	0.68
16.78S	F # 18	Mixed 60-64 25 Fly	1	10	0.21
3:08.43S	F # 20	Mixed 60-64 200 Breast	1	10	-5.36
<b>Croft, Charles (65) M</b>					
3:04.03S	F # 1	Mixed 65-69 200 Free	4	7	-2.51
1:37.36S	F # 3	Mixed 65-69 100 Breast	1	10	-1.04
21.19S	F # 6	Mixed 65-69 25 Breast	4	7	0.97
44.72S	F # 14	Mixed 65-69 50 Breast	5	6	0.65
3:38.36S	F # 20	Mixed 65-69 200 Breast	1	10	1.87
1:23.30S	F # 21	Mixed 65-69 100 Free	5	6	3.89
<b>Croft, Heather (63) F</b>					
3:57.16S	F # 1	Mixed 60-64 200 Free	6	5	0.40
26.42S	F # 6	Mixed 60-64 25 Breast	2	9	0.85
23.41S	F # 7	Mixed 60-64 25 Free	3	8	0.85
<b>Gibson, Colin (48) M</b>					
3:12.93S	F # 1	Mixed 45-49 200 Free	6	5	1.61
52.84S	F # 4	Mixed 45-49 50 Back	3	8	2.02
16.49S	F # 7	Mixed 45-49 25 Free	8	3	0.56
<b>Sanders, Jeffrey (59) M</b>					
1:02.69S	F # 2	Mixed 55-59 50 Fly	6	5	-2.96
2:21.64S	F # 3	Mixed 55-59 100 Breast	3	8	6.57
27.87S	F # 6	Mixed 55-59 25 Breast	6	5	2.37
18.62S	F # 7	Mixed 55-59 25 Free	13	1	1.08
25.75S	F # 18	Mixed 55-59 25 Fly	6	5	0.49
27.24S	F # 19	Mixed 55-59 25 Back	4	7	3.15