

We had a good turnout of 12 swimmers competing in Round 7 of the Club Championships series on Saturday August 5<sup>th</sup> under the watchful eye of first time starter Tim. The format for this round was a 100m and 50m choice of strokes. Top points scorer on the day with 9 points was Fettes in blistering competition form leading up to the World Masters games in Budapest. There were two pb's set with Derek in his 100m breaststroke and Jeff continuing his merry pb setting ways in his 50m freestyle. Two new club records were also set with Nigel in his 50 breaststroke and Derek breaking a long-standing record from 2008 in his 100m breaststroke for the 50-54 Male Age Group.

Great swimming everyone 😊

A quick glance at the leader boards shows Gill leapfrogging into the lead from Sue Sullivan and Yvonne Hunt while we have Jeff still out clear in front of Fettes and Hans.

Please see the website for all the reports.

<http://armadalemastersswimmingclub.com/events/pool-event-results/>

Also thank you to everyone for your timekeeping and recording efforts, please remember to take just that little bit of extra time to make sure it's all good 😊

Look forward to seeing you all back for round 8 on Sat 2<sup>nd</sup> September.

Cheers.

Cap'n Col.