

Another great turnout of 12 swimmers for round 8 of the Club Championship series on Saturday 1st October which was run in the 2 event format with a 200m and 25m choice of strokes. Once again there was a good mix of strokes swum with a special mention of the new club member Amanda making her Club Champs debut and potential new club member Ila also having a go at both events.

Sue finished on top of the points table for the day with 9 points from her two swims, which included 2 pb's for her 200m freestyle and 25m freestyle. Also recording pb's were Rowie for her 200m backstroke, Colin for his 200m IM, Derek beating his recent pb for his 25m fly and Pamela for her 200m free and 25m free. Club records set were Rowie for her 200m backstroke, Pamela for her 25m backstroke and Colin for his 200m IM.

Great swimming everyone and good to see the continual improvement in times again with 5 swimmers recording pb's and 3 new age group club records, reward for effort!

Now a quick update on the overall points race, in the men's it's down to a 2 horse race with Jeff out front by 10 points from Colin. All eyes are on the race in the ladies' which has Rowie out front by 10 points from Heather Jeps who is 4 points in front of Gill who is 1 point in front of Pamela who is 4 points in front of Sue who is 4 points in front of Liz who is 1 point in front of Jenny! With Liz back from her walk through the countryside in Europe and hopefully those couple who missed this round back, it's all down to the last 2 club champs for the year. Go girls!

Please see the website for all the reports.

<http://armadalemastersswimmingclub.com/events/pool-event-results/>

Once again, a gentle reminder, please take the time to check that the correct stroke, distance and three times (if possible) are recorded for each swim. Thank you!

Reminder that the next round of the club champs is on Saturday 22nd October at Armadale.

Cheers.

Cap'n Col.