

Another great turnout of 14 swimmers for round 7 of the Club Championship series on Saturday 3rd September which was run in the 3 event format with a 50m, 100m and 25m choice of strokes. Once again there was a good mix of strokes swum with special mention of the return to the pool of le chief fundraiser himself le Greg le Frey back from his le France sojourn (which is French for eatin' and drinkin' le French stuff!)

Rowie finished on top of the points table for the day with a maximum 15 points from her three swims, which included pb's and club records for each of her 50m butterfly, 100m butterfly and 25m butterfly, go Row! Lexie finished second on points and set a new club record in the 75-79 Age Group for her 100m freestyle. Also recording a pb and setting a club record was Colin for his 50m fly and Derek recording a pb for his 25m fly and setting a club record for his 50m breaststroke. Pamela also recorded a pb for her 25m fly. Other club records set were Gill for her 100m free and Tim who set a 25m fly club record in the previously vacated 70-74 Age group.

Great swimming everyone and good to see the continual improvement in times with 4 swimmers recording pb's and 8 new age group club records, reward for effort!

Please see the website for all the reports.

<http://armadalemastersswimmingclub.com/events/pool-event-results/>

Once again, a gentle reminder, please take the time to check that the correct stroke, distance and three times (if possible) are recorded for each swim. Thank you!

Look forward to seeing you all back for round 8 on Saturday 1st October.

Cheers.

Cap'n Col.