

Even though there was the Swan Hills event happening the next day we had a great turnout of 15 swimmers for round 5 of the Club Championship series on Saturday 2nd July. Obviously some keen swimmers taking advantage of the opportunity to fine tune their form for the event on Sunday. The format was a 200m and 25m choice and once again there was a good mix of strokes swum with special mention of Rowie who knocked out a 200m butterfly and me (Colin) who couldn't decide which stroke to do for the 200m so did them all in a 200m IM....

We had a three way tie at the top of the points table on the day with Han's, Heather Jeps and Tim getting 8 points each. There were four swimmers who recorded pb's with Pamela in her 25m freestyle, Sue in her 25m freestyle, Hans in his 200m freestyle and Colin in his 200m IM. We also had 3 swimmers set new club records in their respective age groups with Linda setting two, one in the 25m free and one in the previously vacant 200m breaststroke 60-64 age group. Colin set a new record for the 200m IM 45-49 age group and Tim in the previously vacant 200m freestyle 70-74 age group.

Great swimming everyone and good to see the continual improvement in times with pb's and club records, reward for effort!

Just to put that into numbers, over the 5 rounds of the club champ's series this year we have had 17 pb's and 24 club records set! 😊😊

Please see the website for all the reports.

<http://armadalemastersswimmingclub.com/events/pool-event-results/>

Also thank you to everyone for your timekeeping and recording efforts.

Look forward to seeing you all back for round 5 on Saturday 6th August.

Cheers.

Cap'n Col.