

We had smaller than normal turnout of 8 swimmers take part in Round 7 of the Club Championships held on Saturday 2nd August. The event provided swimmers with three distances of choice, 100m, 50m and the 25m sprint.

Once again we had a good mix of strokes being swum with the emphasis being on freestyle, with backstroke and fly also popular. A special mention to prospective new member Graham Bamford for taking part in the event and also producing a club record swim for his age group in the 50m Breaststroke, well done Graham!. Other notable performances on the day included 2 swimmers producing personal best swims; Colin, in his favourite stroke, 50m Fly and regular PB swimmer Heather J in the 100m Back and 25m Fly.

Well done to everyone who swam on the day. Our next round of the club champs will be on Saturday 6th of September at Cannington Leisureplex. Look forward to a better turnout of swimmers and more pb's being set.

Cap'n Col.