



Armadale Masters Swimming Club



2013 Mandurah LiveLighter Club Challenge

Hi Swimmers,

We had a reduced team of 16 swimmers at this event after 5 had to pull out through illness, work and having a baby. We gained a very respectable 4th place with 125 points and everyone in the team should be very pleased with their swims. It's great to see our club as a whole improving its standing amongst other clubs in WA. If everyone was able to swim we may have even pinched third spot from Beatty Park. We copped a few DQ's on the day which is not a problem, so some work now set for the coach's over the next few weeks to iron out these small issues. I think the judges were looking closely at the backstrokers on the weekend as several swimmers were pinged or warned for getting close or going over vertical.

In total 10 new club records were set and 8 personal bests were swum. Yvonne Lovegrove who had entered the carnival unfortunately had a few niggly pains on the day and could not swim but still came along to support the team and assisted Peter Rankin with the time keeping which allowed us swimmers to focus on our events. Other family members that came along to support were Keith Lovegrove, Ross Adams and Nina Jeps.

Catriona: Our highest scoring female on the day gained a total of 12 points with 3 first places in the 100m freestyle, 50m backstroke and 100m individual medley. Well done Catriona!

Gillian: Gillian scored a total of 11 points with 2 first placing's in both the 50m backstroke and 100m individual medley. Gillian also got second place in the 50m freestyle and set 3 new club records in all 3 of her events.

Heather Adams: Heather also scored a total of 11 points with 2 first placing's in both the 50m and 100m breaststroke and a second place in the 100m freestyle.

Heather Croft: Heather swum within 5% of her best times in the past 5 years and also set a new club record lowering her existing 50m Breaststroke club record by a good 3 seconds with a time of 58.28s.

Heather Jeps: Heather scored a decent 8 points with a first place in the 100m breaststroke and a second place in the 50m breaststroke. Heather also got a PB in her 50m freestyle.

Jannette: Jannette got a third place in her 50m breaststroke event and swum within 5% of her best time ever in the 100m freestyle. Unfortunately the judges were watching her very closely and pinged her for her shoulders going slightly over vertical during her 50m backstroke swim.

Jennifer: Jennifer did well scoring 6 points all up with a second place in her 100m breaststroke and a third place in her 50m freestyle events.

Lexie: Lexie only entered the one event and swum within 5% of her best time in the past three in the 50m freestyle. Lexie although not really wanting to swim in the relays actually swum in both to help the club achieve its total score of 125 points. Thanks for that Lexie.

Bill: Bill got a couple of PB's in both his 100m and 50m freestyle events and scored a few points in his swims and relays to help the club achieve its total score of 125 points.

Charles: Charles came away with a good 7 points on the day with a second place in the 100m breaststroke and 2 third places in both the 100m freestyle and 50m breaststroke. Charles also swum 2 PB's in the 100m freestyle and 100m breaststroke and also lowered his existing club record in the 100m breaststroke.





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Colin: Colin got a second place in the 50m freestyle event and with his new backstroke turn got a third place, a PB and a club record in his 50m backstroke event. Unfortunately after putting in a mammoth effort in the 100m individual medley Colin used his new tumble turn and got DQ'd. Not to worry mate, at least you know the rules now and will not do it again.

Graham Hicks: Graham scored 9 good points for the club with a first place in the 50m backstroke, a second place in the 100m freestyle and a third place in the 50m freestyle. Graham also broke his existing club record in the 100m freestyle which he set at Mandurah last year.

Greg: Our highest scoring male on the day gained a total of 12 points from 3 first places in the 50m backstroke 50m freestyle and 100m individual medley. Greg also set a new club record in the 50m backstroke. Well done Greg!

Jeff: Jeff swam within 5 seconds of his best times ever recorded and scored a few points in his swims and relays to help the club achieve its total score of 125 points.

Nigel: Nigel scored 8 good points on the day with a first place in the 100m breaststroke and a 2nd place in the 100m freestyle. We won't mention what happened in the relays but suffice to say we will be practicing our relay changeovers before we head off to Challenge Stadium in September.

Stanley: Stan managed to score a big 7 points from only 2 results gaining a first place in his 100m freestyle and a second place in his 50m freestyle both of which were PB's. Unfortunately the turn judge was watching him closely and pinged him for going slightly over vertical on his backstroke turn.

Nina: Greg had to take off early and left Nina with his raffle tickets. Low and behold Greg's number was called out first and before we all realised what had happened Nina was up and collecting the prize, and a nice price it was too.

So, all in all it was a great day for the club. Hopefully everyone is well for the next event and a few more will join in and have some fun.

JEFF

