

## Armadale Masters Swimming

### Individual Records Report for Armadale-L

#### Armadale Masters Swimming [WAM]

##### Female 18-24 800 Free

<b>15:14.74</b>	<b>Jacqueline Briggs at Armadale Aerobics 2011</b>	<b>17/04/2011</b>	<b>WAM</b>
11:56.65 **	Catriona Adams at Armadale Aerobics 2013	11/04/2013	WAM

##### Female 45-49 400 Free

<b>7:00.08</b>	<b>Gillian Caruso at Amadale Aerobics 2013</b>	<b>14/02/2013</b>	<b>WAM</b>
6:59.11 **	Gillian Caruso at Armadale Aerobics 2013	11/04/2013	WAM

##### Female 45-49 800 Back

<b>15:12.48</b>	<b>Gillian Caruso at Amadale Aerobics 2013</b>	<b>14/02/2013</b>	<b>WAM</b>
15:08.48 **	Gillian Caruso at Armadale Aerobics 2013	11/04/2013	WAM

##### Male 18-24 400 Free

<b>7:41.05</b>	<b>Xavier Hardy at Amadale Aerobics 2013</b>	<b>14/02/2013</b>	<b>WAM</b>
7:35.46 **	Xavier Hardy at Armadale Aerobics 2013	11/04/2013	WAM

##### Male 60-64 800 Back

<b>16:50.08</b>	<b>Graham Hicks at Armadale Aerobics 2013</b>	<b>17/03/2013</b>	<b>WAM</b>
16:41.91 **	Graham Hicks at Armadale Aerobics 2013	11/04/2013	WAM

##### Male 60-64 400 Breast

<b>8:43.35</b>	<b>Charles Croft at Armadale Virtual Aerobics 2011</b>	<b>26/02/2011</b>	<b>WAM</b>
8:20.20 **	Charles Croft at Armadale Aerobics 2013	11/04/2013	WAM